

Edition III

Guidebook for California Incarcerated Veterans



Notes:

TABLE OF CONTENTS

SECTION I: USING THE GUIDE AND SEEKING HELP	5
SECTION II: PREPARING FOR YOUR RELEASE	6
SECTION III: HELP FOR VETERANS	11
SECTION IV: SEEKING FEDERAL BENEFITS	17
SECTION V: RESOURCES	21

FORWARD

This guidebook is for service members of the armed forces who are incarcerated. It is designed to provide you with needed information while in confinement and to assist your planning for release back to the community. VA has developed a program called the Healthcare for Reentry Veterans (HCRV) to assist with your successful transition to where you will be living. A Reentry Specialist from HCRV goes to each correctional facility several times each year to meet with Veterans six months before their release. With a little planning, many of the challenges commonly faced at release can be sorted out while you are incarcerated. VA's Reentry Specialist will first assist you with VA Healthcare enrollment and if already enrolled to assure your paperwork is up to date. Once enrolled with VA the Reentry Specialist will meet with you individually when you are within six months of your earliest possible release date. Prior to that meeting VA provides this Guidebook with important information and resources available in the region where you will be living. With proper planning and good use of community resources this can be the last time you are incarcerated.

This information specifically addresses Veterans incarcerated in California. Although the primary focus is preparing for release the Guidebook has valuable information for those Veterans with a long period of confinement ahead of them. The first sections of this Guidebook focus on what you can do while incarcerated with later sections focusing on information you will need after release. This is your book. Take notes as you look through it to remind you of things you want to work on. When you are released **bring this book with you** many of your needs can be addressed from the resources and services listed. Your library can provide you with access to the Internet and many of the phone numbers listed will open the door to help.

We would like to recognize and thank: 1) the National Coalition for Homeless Veterans which provided basic concepts and core information for this guide through its "Planning for Your Release" guide funded by the U.S. Department of Labor; 2) the Veterans Incarcerated Workgroup of Walla Walla, Washington, for the concept of state-specific information in its "Guidebook for Incarcerated Veterans" and for allowing the use of its guide as a template for this publication; 3) Vietnam Veterans of America, Inc. for developing the first incarcerated Veterans guidebook, which has inspired and informed subsequent efforts; the California Department of Veterans Affairs and 4) any public domain and agency resources included in the guidebook.

Information listed in the Guidebook is current as of April 2009. While incarcerated we strongly recommend utilizing the counselors and teachers trained to assist you prepare for release. Feedback, contributions and updates are welcome. Send your comments to:

VA Long Beach Healthcare System
5901 E. 7th Street
Long Beach California
Bldg 128 K245
Reentry Specialist

DVAPAHCS
795 Willow Road
Bldg 347 (180 D)
Menlo Park, CA 94025
Reentry Specialist

USING THIS GUIDE AND SEEKING HELP

This guide will help you to plan for release from incarceration by making you aware of available VA and other community based resources. It is designed to provide information important to know before your release and after your release. Each section has information focusing on different topics, Resources, Benefits, VA Locations, etc. Until you meet with the Reentry Specialist this Guidebook will be your best source of Veteran information. It can also be helpful as a reference tool when you are in the community. Finally if you prefer to seek VA assistance without any help the Guidebook provides you with information to arrange for VA resources by mail.

While incarcerated take the time to explore each part of the Guidebook. It will help you to begin thinking about what specifically you will need when you get out. You may find the Needs Inventory Tool (6 pages forward) helpful with organizing your needs. Add items to the list as you look through this handbook. Prepare back-up plans and resources in the event your first choice doesn't work out. Keep notes, write down names, dates and contact information. It will help to keep all your information in this handbook. Be sure to keep this Guidebook handy when you get released. All of the community resources were recently updated and can be found in Section V with phone numbers and addresses.

After you are enroll with VA and are within six months of release, start planning and make arrangements with the VA in your area. Counselors in the prison will assist you with making contact. If you are writing to your local VA without program help address it to the Reentry Specialist and include the following information:

- Your name and complete return address.
- Include Inmate #, return address, release date, Parole requirements and/or restrictions, and the county of your Parole.
- Specific needs, i.e.: medical care and medications or wheelchair accessibility.
- Identify your purpose for writing and what you hope to accomplish by this contact.
- If an official at the prison is helping you plan for release speak with them about your completing Release of Information form 10-5345 to give your permission for VA to speak with them.

Section II of this guide is VA enrollment. We strongly recommend completing enrollment six months prior to release so you can know what is available when you return to the community. Section III has many resources of information and resources to look at once you are in the community. Section IV covers basic information about seeking VA / Federal benefits and what to do if incarcerated while collecting VA benefits. Section V includes Resources.

SECTION II PREPARING FOR YOUR RELEASE VA ENROLLMENT

Steps To Enroll With VA

If you are already enrolled with VA Healthcare refer to the next page under the heading "Already VA Enrolled". If you have never applied for VA services, the following information is important for you to know. Learning your eligibility and getting enrolled with VA Healthcare is simple to do. The **VA Reentry Specialist** regularly visits the prison and will provide assistance with submitting VA form 10-10EZ. If you are interested in meeting the VA Reentry Specialist send a note to the prison Community Partnership Manager indicating your interest to be included on the callout when VA visits. The Reentry Specialist will provide you with information you need to know while incarcerated and how to best be prepare for return to the community. When you are within six months of your release date the Reentry Specialist can speak with you individually to learn about your needs and provide specific information about VA and community resources available to you. If you prefer to enroll through the mail write to the VA located closest to where you will be living after release. The VA Healthcare Systems locations in California are listed in Section V of this book. Indicate on the envelope that your request is for VA enrollment.

VA Enrollment Form 10-10 EZ

You are encouraged to complete the form if any of the following applies to you:

- You do not know if you are eligible for VA Healthcare
- You were previously enrolled with VA but you will be using another VA than before
- You are enrolled with VA but need to update the financial information requested each year
- You were previously ineligible for VA due to income (income limits have adjusted in 2009)
- You were told you were not eligible for VA but do not understand why

Eligibility is based on many factors including when you served, length of active duty, and military discharge type and only VA can provide you with the answer. Completing this application six months before release ensure problems with enrollment can be sorted out and VA Healthcare is available your first day out. Commonly DD-214 Military Discharge Papers and Separation Documents are needed to verify military service required for VA eligibility. The Reentry Specialist can provide you with SF 180 so you can get a copy of your a DD-214 so it is available if needed.

The Reentry Specialist they will check over your completed 10-10 EZ to make certain all necessary information has been completed. If not properly and fully completed VA is unable to complete your enrollment registration. All blanks on the application must be answered. Unless your eligibility is based on a Service Connected Disability, Purple Heart award or Prisoner of War status questions asking for financial information must be answered; if your answer is zero please indicate 0 in the spaces provided. N/A or a line

cannot be accepted when asking for a dollar figure. Fields not answered could prevent processing of the application and delay your eligibility for VA services.

Income information is for the previous calendar year. Most Veterans while incarcerated will meet financial requirements for VA Healthcare services. If your income exceeds the financial threshold, you may want to inquire about a Financial Waiver based on the need for assistance due to your incarceration. The results of your VA application for Healthcare Services will be sent to the location you indicated as your permanent address on the 10-10 EZ.

DD-214

If you have an extra copy of your DD-214 (Military Discharge Papers and Separation Documents) submitting it with your VA application will resolve any problem verifying your military service. The DD-214 is not required to enroll but can expedite your application process. The Reentry Specialist will encourage you to get your DD-214 if you do not have one in your possession. It is an excellent form of identification and will provide you with many Veteran friendly resources in the community. You can also write to the National Archives and Records Administration, 8601 Adelphi Road, College Park, MD 20740-6001 to request your DD-214. If you do not have the form SF-180 request a copy of this form and return to the location of your military record found on the reverse side of the form.

Already VA Enrolled

If you have a Veteran Identification Card (VIC) and will be returning to the same VA facility where you previously received Healthcare Services you do not need to complete the 10-10 EZ. The Reentry Specialist may recommend you complete the 10-10EZ if you are near release to update VA records and reduce your time waiting at the VA Business Office. If you will be utilizing a different VA facility it is recommended to complete the 10-10EZ so that VA is prepared to assist you. Even if your paperwork is in order consider meeting with the Reentry Specialist. Services and resources are added continuously to each VA and are important for you to know about. The Reentry Specialist is also available to help you sort out problems can offer you the latest information to assist consideration of your different options.

Correction of Military Record and Upgrade of Discharge

If results of your VA application indicate you are ineligible for VA Healthcare your letter will explain the reason. If ineligibility was based on your military discharge type, it is possible to pursue an upgrade. If separated from the military within the past fifteen years use DD Form 293, Application for the Review of Discharge or Dismissal from the Armed Forces of the United States. Your VA Reentry Specialist may have additional information to assist your consideration and application request to your branch of the military.

Pension and Compensation

If you were receiving VA Pension or Service Connection Disability Compensation before your incarceration the VA Regional Office servicing your benefits should be notified of your incarceration. The benefits will be suspended as of the 60th day. Benefits paid after this date will be considered an overpayment. When released from incarceration the benefits

can be reactivated by sending a copy of your release documentation to the VA Regional Office servicing your benefits. See Section IV for important information about Service Connected Compensation while incarcerated.

PLANNING YOUR RETURN HOME

Six Months Before Release

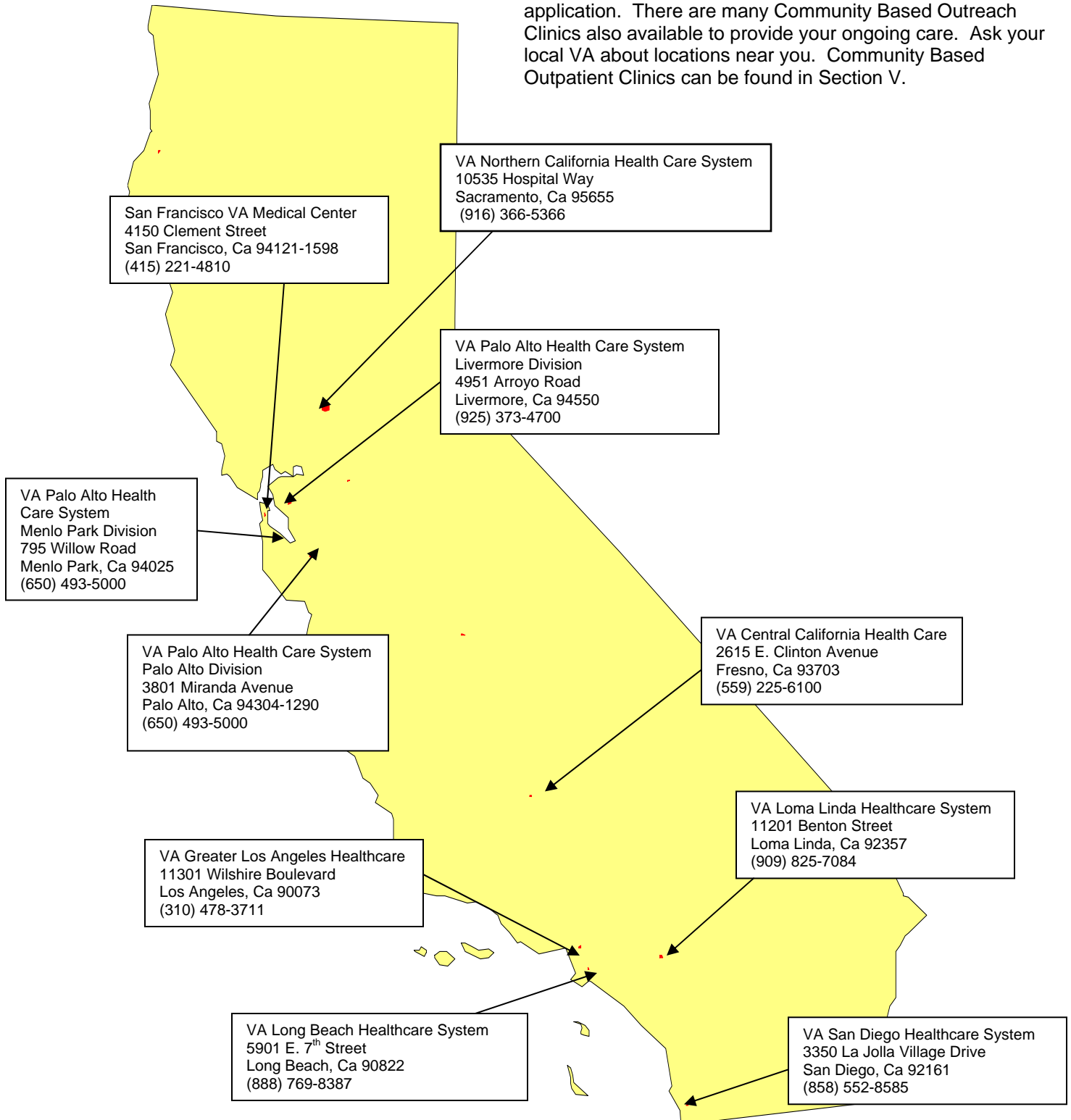
- If you do not have a copy of your DD-214, complete VA Form SF-180 (Request Pertaining to Military Records). The SF-180 may be available in the library. The address to send the completed form depends on your branch of the military and when you served. That information is found on page 3 of the SF-180. Your DD-214 can take up to six weeks to arrive.
- Begin work on the Inventory of Needs form included in this Handbook. This information will also guide your discussions with the personnel at the prison to best prepare for your release.

Complete the 10-10EZ. FILL IT OUT CAREFULLY. Information should be printed and answer each blank fully. If a question does not apply answer N/A or not applicable. If the question asks for an amount of money answer with a number; if the answer is zero write 0. Section V on the Form 10-10EZ gives you a YES/NO option about reporting financial information. VA is currently not enrolling Veterans who decline to provide financial information unless other special eligibility factors exist. Please be aware if you are enrolled without completing Sections VII, VIII, IX, and X you may be assigned to pay applicable VA co-pay.

- A counselor from the prison may offer to assist you with VA Enrollment and release planning. If you want their assistance they may ask you to sign the authorization for them to receive the results of your VA Enrollment application (10-10EZ). The authorization form is VA Form **VA** 10-5345. Without your signed consent VA information about you will not be released
- You may enroll with VA without assistance. Request Form 10-10EZ from the VA closest to where you will be released. Locate your VA location using the map on the following page. Fully complete Application for Medical Benefits (10-10EZ) and mail to the VA closest to where you will be released. The results will be mailed to the Permanent Address indicated on your 10-10EZ Form.

VA Medical Centers

The VA facilities listed on this page can process your application. There are many Community Based Outreach Clinics also available to provide your ongoing care. Ask your local VA about locations near you. Community Based Outpatient Clinics can be found in Section V.



Inventory of Needs

You face many challenges when leaving prison. Success within the community is accomplished by resolving the barriers. VA can be one source for addressing some of the problems. You can use this checklist to identify your needs. The resources identified in this Handbook and personnel at your VA can help direct you to resources and supports.

Immediate Concerns	Describe
Which county will you Parole?	
Date of Release	
Housing	
Clothing	
Transportation to Parole	
Medication	
ID	
Paroled to unfamiliar location w/ few supports	

Financial	Describe
Employment	
Child Support/Alimony	
Credit Debt	
Disability/Pension Money	
Motor Vehicle fines	
Debt/Credit Issues	

Health	Describe
Medical Concerns	
Addictions Treatment	
Mental Health Needs	
Barriers to Working	

Legal	Describe
Traffic	
Child Custody	
Restitution	
Marital Status	
Anger Management Classes	
Domestic Violence Classes	
Parole Restrictions	

Other:

SECTION III HELP FOR VETERANS

ARRIVING AT YOUR VA

Planning for your return home is the most important factor to assure success. Where you will live, who can help you get settled and avoid the people, places and things you know can cause you trouble.

VA urges you to check-in with Parole as soon as you arrive to town and then head straight for VA. Unless other arrangements have been made for you, go to the VA Patient Business Office first. Bring any VA letters, your DD-214 if available and any ID or prison release paperwork to help with enrollment. If you were already verified VA eligible the Business Office will take your picture for your VA Identification card (available in seven to ten business days). VA identification can be helpful if you have to replace lost identification, such as state identification and Social Security Card. If you have not yet submitted your 10-10EZ application, the Patient Business Office will guide you through the enrollment process.

If you participated in release planning while incarcerated, arrangements can often be made in preparation for your arrival. Many VAs have staff designated to help you at release; remember to bring your Inventory of Needs list (found two pages back). If you were receiving medical treatment or medication while incarcerated be sure to request your infirmary medical records to bring with you. Your VA Primary Care Physician needs previous medical records if you are wanting immediate refills of prescriptions.

Toll Free Numbers

- Crisis and other toll-free numbers are often listed in the front cover or first few pages of the phone book. You may also want to check under "Social Services" in the blue or yellow pages for hotlines and local numbers.
- US Department of Veterans Affairs — www.va.gov
- Benefits: 1-800-827-1000,
- Medical Centers: 1-877-222-8387, or www.visn21.med.va.gov ,
www.visn22.med.va.gov
- Persian Gulf War Helpline: 1-800-749-8387
- Focus On Recovery Helpline - A 24-hour national alcohol and drug abuse addiction and treatment hotline: 1-800-888-9383
- National AIDS Hotline - Talk to someone who knows about HIV / AIDS and can tell you about AIDS services in your city or state: 1-800-822-7422
- National Coalition for Homeless Veterans — www.nchv.org, 1-800-838-4357
- National Suicide Prevention Hotline - 1-888-273-TALK (8255)

Parole

VA understands California Parole supervises most individuals released from incarceration. VA personnel will support your efforts to comply with Parole and encourages you to fulfill your Parole responsibilities. When you come for VA Health Services discuss with a Social

Worker or other VA support staff about VA input and assistance in getting settled back into your community.

Parole may require your attendance in a meeting shortly after your release called the PACT Meeting. At this meeting, Parole has assembled many community providers to speak about their services and resources available to help you. You are encouraged to use this meeting to learn about the many supports available in your community

Housing

Every VA Medical Center has a Health Care for Homeless Veterans (HCHV) Coordinator who is responsible for helping homeless Veterans access VA and community-based care. Some VAs have a Homeless Grant and Per Diem (GPD) program providing support services to help you gain independence with temporary housing. This program can be a good start when you are first released. You are encouraged to ask if Grant and Per Diem is available in your area.

Arranging for a healthy and secure place to live is vital toward rebuilding your life and ending your legal troubles. If you come to VA, and do not have a good place to live ask for the HCHV Social Worker to discuss living options. VA has created a specialized position called a Reentry Specialist designated to help Veterans during their release from prison. Watch for when they are coming to your prison so you can meet with them to discuss release planning arrangements.

VA Grant and Per Diem Program (GPD)

Many VAs have GPD programs to help Veterans return to work. Job counseling and case management are required for temporary housing. This provides Veterans ready to return to work the support needed to find employment. Veterans ineligible for VA Healthcare benefits may be eligible for GPD benefits and should ask the VA Reentry Specialist or VA HCHV staff at their VA.

Finding & Keeping a Job

Department of Veterans Affairs Compensated Work Therapy Program (CWT) is available to some Veterans. CWT offers structured work opportunities and supervised therapeutic housing for at-risk and homeless Veterans with physical, mental health and addictions problems. VA contracts with private industry and the public sector for work by these Veterans, who learn job skills, re-learn successful work habits, and regain a sense of self-esteem. Veterans are paid for their work and given assistance with employment in the community. Check with your VA about other employment support options.

Homeless Veterans' Reintegration Projects (HVRP)

HVRP assists Veterans with job search preparation, vocational counseling, occupational skills training, on-the-job training, trade skills certification and licensing, and job placement assistance and referral to supportive services. Below is a list of these services by location.

City of Sunnyvale	Sunnyvale	408-730-7481
Mental Health Systems	San Diego	858-565-2510
New Directions, Inc.	Los Angeles	310-914-4045
North County Interfaith Council	Escondido	760-489-6380
P.A.T.H.	Los Angeles	323-644-2200
The Salvation Army - Los Angeles	Los Angeles	213-626-4786
Swords to Plowshares	San Francisco	415-252-4788
The Salvation Army - Los Angeles	Los Angeles	213-553-3253
U.S. Vets Initiative – Long Beach	Long Beach	562-388-8000
U.S. Vets Initiative – Loma Linda	March AFB	951-656-6894
U.S. Vets Initiative - Inglewood	Inglewood	310-348-7600
Vietnam Veterans of California	Sacramento	707-578-2785
Vietnam Veterans of California, Inc.	Eureka	707-578-2785
Vietnam Veterans of San Diego, Inc.	San Diego	619-393-2026
Vietnam Vets of North San Diego	San Diego	619-497-0142
Volunteers of America - Los Angeles	Los Angeles	213-622-3540
Joint Efforts, Inc.	San Pedro	310-831-2358

Department of Labor: Employment Development Department.

Veterans receive priority in job and training referrals and other employment related services. All Job Services Offices have specially trained staff to ensure Veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Services can include counseling, labor market information, job referrals, job search workshops, and job development with potential employers.

Disabled Veterans Outreach Program specialists (DVOPs) and Local Veterans Employment Representatives (LVERs)

Job and training opportunities, with emphasis on Veterans with service-connected disabilities. DVOP specialists provide outreach and offer assistance by promoting community and employer support, including apprenticeship and on-the-job training. LVERs primary duties are conducting outreach to employers, facilitating job search workshops, and providing employment and training services to Veterans.

Department of Rehabilitation Services (DORS)

Every county in California has a DORS program that helps people with disabilities find and keep jobs. Apply for these services immediately after your release. Look in the phone book blue pages under "Department of Vocational Rehabilitation," or search the Internet for "Vocational Rehabilitation" in your state.

Other Resources to Explore

Section V of this Guidebook offers many resources by county. Take some time to look through these resources and mark the ones you may want to consider using when you arrive to your county.

California has 58 diverse counties each having some resources available to help you at the time of your release. Be sure to check for the Veteran Service Offices, Social Services, Employment Development Department (EDD), library, spiritual centers, and resource call centers (dial 211 is available in many counties).

Medical Services if ineligible for VA Healthcare

If ineligible for Veteran's Healthcare, free or low-cost health care may be available from the following sources:

- National Health Care for the Homeless Council has a list of health care providers working with homeless people across the nation. For a list of providers in your state, go to www.nhchc.org.
- Free clinics are run by many local organizations and communities. Look in the phone book blue pages under "Public Health" to contact local government office for clinics in your area.

Special Health Information for Veterans

Individuals housed in confinement are often at greater risk of contracting health conditions such as Hepatitis. When you are seen by a medical clinician be sure to mention your exposure to potential health problems so they can evaluate if you are in need of treatment.

Mental Health Services

If eligible for Veterans' benefits

- Contact the Homeless Veteran Services Coordinator at the local VA Medical Center. Call 1-877-222-8387 to find the medical center nearest you
- For readjustment counseling, contact your local Vet Center.

If not eligible for Veterans' benefits

- National Alliance for the Mentally Ill lists community mental health services providers at: www.nami.org, or call 1-800-950-6264.
- National Mental Health Association offers support groups, rehabilitation, socialization, and housing services. Call 1-800-969-NMHA, or find a local office online at www.nmha.org.

Substance Abuse Services

If eligible for Veterans' benefits

- Contact the Addictions Treatment Center at the local VA Medical Center. Call 1-877-222-8387 to find the medical center nearest you.

If not eligible for Veterans' benefits

- The Department of Health and Human Services Drug and Alcohol Treatment Referral Routing Service. Call 1-800-662-4357.
- Focus On Recovery Helpline - A 24-hour national alcohol and drug abuse addiction and treatment hotline: 1-800-888-9383
- Alcohol and Drug Abuse Support groups:

- Alcoholics Anonymous (AA)
http://www.alcoholics-anonymous.org/default/US_CtrOffice/ca.html

Financial Help

- The American Legion provides Temporary Financial Assistance, (TFA) from its national headquarters to help maintain a stable environment for children of Veterans. To obtain an application, look in the phone book to contact a local post.
- If you are unemployed with little or no income, you may be able to get food stamps. Applications must be submitted only after your release. A person may normally qualify for \$85 to \$100 worth of food stamps per month. Call the toll-free information number at 1-800-221-5689, or find a list of food stamp hotlines for each state at http://www.fns.usda.gov/fsp/contact_info/hotlines.htm. You can also contact the local Department of Human Services, many drop-in shelters, or legal aid services to ask for an application.
- Supplemental Security Income (SSI) benefits can be applied for before your release, though you won't receive the benefits until after you are released. Food Stamps can be applied for together with SSI. It takes about three months to review an application, so apply well before your release date. It is best to get help filling out the application. For detailed information or assistance, call 1-800- 772-1213 or go to: www.ssa.gov
- Federal Emergency Management Agency (FEMA) has a program called Emergency Food and Shelter Program to help prevent homelessness. Contact the local Office of the Mayor or United Way to find out about the particulars.

Legal Help

- Speak with a Veterans Service Officer for help with discharge upgrades, seeking benefits, and filing a VA claim. Find your Veteran Service Office in Section V.
- Most law is state-specific. Most common legal problems are governed by the law in the state where you live or where the problem occurred. When looking for legal help, make sure that information you find applies to your state, or that the lawyer or other service provider is qualified to work in your state.
- The American Bar Association has a web site with guidelines about free legal services and links to directories of legal aid offices and pro-bono programs. Go to: www.abanet.org
- Legal Services or Legal Aid offices have staff lawyers to provide free legal help to poor clients. The lawyers are usually experts in the types of problems that poor clients often have. Look in the yellow pages for a local Legal Aid office or check online for the program, nearest you.
- Pine Tree Legal Assistance has an online list of organizations across the nation that provides free legal help to clients who qualify. Go to www.ptla.org/links/services.htm.
- Lawyers in private practice sometimes volunteer in "pro-bono" programs to take cases for poor clients free of charge. Check the yellow pages to contact your Local Bar Association to learn if there is a pro-bono program in your community, or go to www.abanet.org/barserv/stlobar.html.

Women Veterans

- Most VA Medical Centers and readjustment offices have a designated Women Veterans Coordinator to assist women Veterans in accessing VA benefit programs and healthcare services. Call 1-877-222-8387 for the medical center nearest you.

SECTION IV SEEKING FEDERAL BENEFITS

The Department of Veterans Affairs publishes a booklet called "Federal Benefits for Veterans and Their Dependents" that describes the types of benefits available and lists the addresses and phone numbers for VA facilities nationwide. Write the VA Regional Office (VARO) to request a copy.

U.S. Dept of Veterans Affairs - Regional Offices - 800-827-1000
Los Angeles
11000 Wilshire Blvd
Los Angeles, CA 90024

San Diego Regional Office
8810 Río San Diego Drive
San Diego, CA 92108

Oakland Regional Office
1301 Clay Street, Rm 1300 North
Oakland, CA 94612

Call 1-800-827-1000 or find information about benefits at www.vba.va.gov/benefits

Eligibility for VA Benefits During Incarceration

Veterans incarcerated and incarcerated dependents may apply for the same compensation, dependency and indemnity compensation (DIC) – service connected death benefits – and pension benefits as Veterans who are not incarcerated. However, Congress restricts the amount of benefits that may be paid to a Veteran or dependent while he or she is incarcerated. These benefits are institutionalized as part of law: 38 U.S.C Sec 5313 (a), 38 C.F.R., Sec. 3.665 (a), (d), which reads as follows:

If a Veteran is incarcerated as the result of a “felony” conviction as defined by law: “Any offense punishable by death or imprisonment for a term exceeding one year, unless specifically categorized as a misdemeanor under the law of the prosecuting jurisdiction.”

Then, the amount paid to a Veteran incarcerated for a service-connected disability is generally limited by law to the 10 percent disability rate, or half the amount of the ten percent rate if the Veteran’s disability rating is 10 percent. (If the Veteran is rated before incarceration as 20 percent disabled or higher, he will receive only the amount payable to a 10 percent disabled Veteran.) Incarcerated DIC recipients will receive one-half the amount paid to a Veteran receiving compensation payments for a 10 percent-rated disability.

A Veteran may not receive non-service connected VA pension benefits, or any portion of these benefits, while incarcerated for a felony or misdemeanor. However, his family may receive an apportionment of such benefits under the procedure described above. (See 38 C.F.R. Sec.3.666)

One important requirement for eligibility for VA benefits is that the Veteran has to have been issued either an honorable or general discharge, or would have received one if not for re-enlisting. If a Veteran had two periods of service, one honorable and the other less than honorable, he may still be eligible for VA benefits based on the honorable period of service.

VA Medical Care can not be provided to Veterans in prison, but VA health facilities may provide care to you after your release. Contact 1-877-222-8387 to find the medical center nearest you.

Benefits Payments While Incarcerated

There is a 60-day "grace period" following a conviction when you may still receive full benefits. To avoid an overpayment, it is important that you notify the VARO immediately when you go to prison if you are receiving payments. If you do not notify the VA and receive overpayment, you and your family will lose all financial payments until the debt is paid.

For example, Joe is a Veteran who receives a VA pension. He commits a crime, is convicted, and is incarcerated, but doesn't tell the VA right away and keeps getting paid for 6 months. After serving his sentence of 18 months, he is released and applies to the VA to have his pension restarted. He will have an overpayment which must be recovered from the restarted benefits. Until the overpayment is recovered, Joe will have to go without that income.

Your award for compensation or pension benefits should resume from the date you are released, as long as the VA receives notice of release within one year. Form 21-4193, Notice to Department of Veterans Affairs of Veteran or Beneficiary Incarcerated in Penal Institution, available through your counselors should be completed before release, signed by a prison official and submitted to VA Benefits Administration.

Apportionment

The Veteran can only receive a portion of the full amount payable for his or her disability rating, the remaining balance may be "apportioned to the individual's dependent family". To apply for apportionment, the Veteran must send a letter that identifies the Veteran and the apportionment claimant and makes it clear they are requesting an apportionment of his VA benefits to the VA Regional Office (VARO) that has jurisdiction over the Veteran's case. VA regulations clearly specify this apportionment amount will only go to family members if they can show financial need for such amount. This applies to the spouse, children, or dependent parents who are involved in the application.

In deciding whether any apportionment is appropriate, the amount of the apportionment, and to whom it will go, the following factors are considered:

- The family member's income and living expenses;
- The amount of compensation available to be apportioned;
- The needs and living expenses of other family members; and
- Special needs of any of the family members.

For example: a Veteran incarcerated rated as 80 percent disability can only receive the amount he or she would get if he or she were 10 percent disabled. However, his or her

family may be apportioned up to 70 percent, the difference of the 80 percent rating. (DIC may also be apportioned with similar restrictions.)

There is a 60-day “grace period” following conviction where the Veteran, or Dependency or Indemnity Compensation (DIC) recipient, may still receive full benefits. If the Veteran continues to receive benefits after the 60-day period, it will result in an “overpayment”. The VA considers it to be the recipient’s responsibility and fault if this occurs because the recipient failed to notify the VA of his or her incarceration. Attempts to obtain a waiver in these situations of overpayment are often unsuccessful. As a rule, the Veteran loses most, if not all, financial benefits until the VA recovers the entire overpayment. It has also been a standard procedure that the family will not be entitled to receive an apportionment until the debt is completely recovered.

For more information concerning VA debt collection rules that may affect the Veteran incarcerated, telephone: 1-800-827-1000 and request a Veterans Service Organization representative or, write to a Veterans Service Organization.

One other relevant restriction on Veteran’s incarcerated eligibility for service connected disability compensation is that: “No total disability rating based on un-employability, may be assigned to an incarcerated Veteran”.

It is important to remember that most VA decisions, including those on apportionment, can be appealed to the Board of Veterans Appeals and, if need be, to the Court of Appeal for Veterans Affairs.

Re-starting Benefits at Release

It is important that each disabled Veteran receiving compensation or DIC payments promptly notify the VARO. Regular full benefit payments should begin upon release, providing the VA is notified of the Veteran’s release, including placement within a community treatment center or halfway house in the community, within one year of release. VARO needs formal notification from the prison of your release in order to re-start benefits: The sooner that document is provided to VARO, the sooner VARO can begin to process your request.

Seeking Help After Release

If you would like to get benefits or think you have a pending claim before the VA, it is best to get professional help to assist you.

Many Veterans Service Organizations (VSOs) have trained staff who can help you with your VA claim, and can legally represent your claim before the VA. Some also help homeless and at-risk Veterans find the support services they need. You can contact any VSO listed in the Guidebook to learn an office near you.

Seeking Benefits on Your Own

Although we encourage you to seek the aid of a service representative, you may choose to apply for VA benefits on your own. Write your local VA Regional Office or find the forms online at: www.vba.va.gov/pubs/forms1.htm. You can also apply for certain benefits online at: <http://vabenefits.vba.va.gov/vonapp/main.asp>.

Below are brief descriptions of forms needed to file for certain VA benefits. Be sure you use a return address where mail will get to you as quickly as possible. Make photocopies of all forms for your records before sending your packet to the VARO nearest you.

- VA Form 21-526 - Application for Compensation or Pension- must be filed to apply for compensation or pension. Mail your DD-214 and the following forms to the VARO nearest your release destination 30 to 45 days before your release.
- VA Form 21-4138 - Statement in Support of Claim - lets you explain why you deserve the benefits you are asking for because of your disability or disorder. It is best to have an experienced service representative help you complete the form.
- VA Form 21-4142 - Authorization for Release of Information - If you have received medical or mental health care, that may be relevant to your claim, from anyone other than a VA Medical Facility, you need to fill out a VAF 21-4142 giving permission for release of medical records to the VA.
- VA Form 10-10EZ - Enrollment for Medical Benefits - is used by the VA to determine if you can receive medical benefits. Complete the form and bring it with you to the VA medical facility where you will seek evaluation for treatment.
- VA Form 28-1900 - Vocational Rehabilitation for Disabled Veterans - is needed to apply for the vocational rehabilitation program to help Veterans who were disabled during their service reach maximum independence in daily living, to learn the skills needed to get a job, and to find and keep a job. Send Form 28-1900 to the VARO in your area 10 to 15 days before your release.
- VA Form 70-3288 - Request for and Consent to Release of Information from Claimant's Records - is used to get records relevant to your claim from VA facilities (regional offices, medical centers, outpatient clinics, and vet centers). Request a fee waiver under section 38 C.F.R. Sec.1.526 (h), which requires the VARO to provide a Veteran with one set of his or her records free of charge.

SECTION V RESOURCES

VA MEDICAL CENTERS

VA Palo Alto Health Care System Palo Alto Division	3801 Miranda Avenue Palo Alto, CA 94304-1290	(650) 493-5000 or 800-455-0057
VA Palo Alto Health Care System Menlo Park Division	795 Willow Road Menlo Park, CA 94025	(650) 493-5000
VA Palo Alto Health Care System Livermore Division	4951 Arroyo Road Livermore, CA 94550	(925) 373-4700
VA Central California Health Care System	2615 E. Clinton Avenue Fresno, CA 93703	(559) 225-6100 or (888) 826-2838
VA Northern California Health Care System	10535 Hospital Way Sacramento, CA 95655	800-382-8387 or 916-366-5366
San Francisco VA Medical Center	4150 Clement Street San Francisco, CA 94121-1598	(415) 221-4810 or (800) 733-0502
VA Greater Los Angeles Healthcare System (GLA)	11301 Wilshire Boulevard Los Angeles, CA 90073	(310) 478-3711 or (800) 952-4852
VA Loma Linda Healthcare System	11201 Benton Street Loma Linda, CA 92357	(909) 825-7084 or (800) 741-8387
VA Long Beach Healthcare System	5901 E. 7th Street Long Beach, CA 90822	(562) 826-8000 or (888) 769-8387
VA San Diego Healthcare System	3350 La Jolla Village Drive San Diego, CA 92161	(858) 552-8585 or (800) 331-8387

Mailing Address for 10-10EZ, Application for Health Benefits

If you are applying for VA enrollment independently mail your application to the VA closest to where you will be when released from incarceration.

VA Central California Health Care System
Enrollment (136)
2615 E Clinton Ave
Fresno, CA 93703

VA Loma Linda Medical Center
Public Affairs Office/VANS Program – (002PAO)
11201 Benton Street
Loma Linda, CA 92357
Office number (909) 825-7084 X2306

VA Palo Alto Health Care System
3801 Miranda Avenue
Palo Alto, CA 94304
ATTN: 136A Admissions & Eligibility
Mail code is 0404/BO.

VA Long Beach Healthcare System
5901 E. 7th Street
Long Beach, California 90822
0404/BO

Kathy Gotschall
Supervisor, Benefits Section (136A)
VA Medical Center
4150 Clement St.
San Francisco, CA 94121

Department of Veterans Affairs
Greater Los Angeles Healthcare System (04E)
11301 Wilshire Blvd
Los Angeles, CA 90073

Department of Veterans Affairs
Sacramento Medical Center
10535 Hospital Way
Mather, CA 95655-1200
ATTN: Enrollment/Eligibility T-5

VA San Diego Healthcare System
3350 LaJolla Village Drive
San Diego, California 92161
Attn: Member Services 04-C4

Benefits

If you are receiving a Service Connection Compensation, VA Pension or Dependency or Indemnity Compensation benefit and are incarcerated you must notify the closest regional office of your incarceration. You can request a continuation of 10% to continue to you during your incarceration and the remainder to legal dependents. This office can also reactivate your benefits by submitting Form 21-4193 at the time of your release from incarceration.

Oakland Regional Office	1301 Clay Street, Rm. 1300 Oakland, CA 94612	1-800-827-1000
LA Regional Office	Federal Building, 11000 Wilshire Boulevard Los Angeles, CA 90024	1-800-827-1000

San Diego Regional Office	8810 Rio San Diego Drive San Diego, CA 92108	1-800-827-1000
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Government Benefit Programs Available To Help You

GovBenefits.gov will help you answer that question. Our online screening tool is free, easy-to-use, and completely confidential. We do not require your name, phone number, Social Security number, or any other information that could be used to identify you. You answer a series of questions about yourself, and then GovBenefits.gov returns a list of government benefit programs you may be eligible to receive along with information about how you can apply.

- VA Web site- www.va.gov
- California Department of Veterans Affairs- www.cdva.ca.gov

California State Veterans Benefits

COLLEGE TUITION FEE WAIVERS FOR VETERANS' DEPENDENTS

THE BENEFITS

- Waiver of mandatory systemwide tuition and fees at any State of California Community College, California State University or University of California campus.

WHO MAY BE ELIGIBLE

- Plan A:
The spouse, registered domestic partner, child (under the age of 27) or unmarried surviving spouse of a Veteran who is totally service-connected disabled, or who has died of service-connected causes may qualify.
- Plan B:
The child of a Veteran who has a permanent service-connected disability. The child's income and value of support provided by a parent cannot exceed the national poverty level. To view this year's poverty level, go to www.cdva.ca.gov/VetService/Waivers.aspx. Note: All students must meet California residency requirements.
- *Note that all students must meet California residency requirements.

WHERE TO APPLY

- Contact your local County Veterans Service Office or the Admissions Office of any California system campus or go to www.cacvso.org for more information and to download an application.

NON-RESIDENT COLLEGE FEE WAIVER

THE BENEFIT

- Waiver of non-resident fees (pay at California resident rate) at all State of California Community Colleges, California State University or University of California campuses.

WHO MAY BE ELIGIBLE

- A student who is a Veteran of the armed forces of the United States stationed in this state on active duty for more than one year immediately prior to being discharged from the armed forces is entitled to resident classification for the length of time he or she lives in this state after being discharged up to the minimum time necessary to become a resident.
- An undergraduate student who is a member of the Armed Forces of the United States stationed in this state on active duty, except a member of the Armed Forces assigned for educational purposes to a state-supported institution of higher education.
- An undergraduate student who is a natural or adopted child, stepchild, or spouse who is a dependent of a member of the armed forces of the United States stationed in this state on active duty.
- A student seeking a graduate degree who is a member of the Armed Forces of the United States stationed in this state on active duty, except a member of the Armed Forces assigned for educational purposes to a state-supported institution of higher education. There is a two-year limit for graduate level studies.
- A student seeking a graduate degree who is a natural or adopted child, stepchild, or spouse who is a dependent of a member of the armed forces of the United States stationed in this state on active duty. There is a one-year limit for graduate level studies.

WHERE TO APPLY

- At the Admissions Office of any California system campus.

DISABLED VETERAN BUSINESS ENTERPRISE OPPORTUNITIES

THE BENEFITS

- Certified Veteran owned businesses can participate in the state goal of awarding 3% of all state contracts to disabled Veterans through the Disabled Veteran Business Enterprise (DVBE) Program.

WHO MAY BE ELIGIBLE

- Veterans with a service-connected disability rated at 10% or greater who own at least 51% of a business.

WHERE TO APPLY

- Office of Small Business and DVBE Certification
707 3rd Street, 1st Floor, Room 400
West Sacramento, CA 95798-9052
(916) 375-4940 or (800) 559-5529
<http://www.pd.dgs.ca.gov/smbus>

OTHER GOVERNMENTAL AGENCIES

- The State DVBE Advocate
California Department of Veterans Affairs
Veterans Services Division
1227 'O' Street, Suite 105
Sacramento, CA 95814

VETERANS HOMES OF CALIFORNIA

THE BENEFITS

- Professional and low cost residential, assisted living, and medical care facilities throughout California.

WHO MAY BE ELIGIBLE

- Aged or disabled U.S. Veterans who are residents of California.

WHERE TO APPLY

- To obtain additional information or an application, or to schedule a visit, contact one of our Veterans Homes:
- Veterans Home of California, Yountville (Napa County)
1-800-404-8387
- Veterans Home of California, Barstow (San Bernardino County)
1-800-746-0606
- Veterans Home of California, Chula Vista (San Diego County)
1-888-857-2146
- (Additional information and an application may be obtain at the [Veterans Homes admission page](#) on our web site)

Admissions.aspx

- California Department of Veterans Affairs
Veterans Home Division
1227 'O' street
Sacramento, CA 95814
www.cdva.ca.gov/homes
1-800-952-5626

MOTOR VEHICLE REGISTRATION FEES WAIVED

THE BENEFITS

- Waiver of registration fees and free license plates for one passenger motor vehicle, or one motorcycle, or one commercial motor vehicle of less than 8001 pounds unladen weight.

WHO MAY BE ELIGIBLE

- Medal of Honor recipients, American Ex-Prisoners of War and "disabled Veterans" as defined in the "Disabled Veterans License Plate" section of this pamphlet.

HOW TO APPLY

- Medal of Honor recipients should complete a [DMV form REG 17A](#), and proof of receipt of the Medal of Honor.
- Ex-Prisoners of War should complete a [DMV form REG 17](#), and proof of former status as a POW.

WHERE TO APPLY

- Applications and necessary documentation should be mailed to:
 - Department of Motor Vehicles
P.O. Box 932345
Sacramento, CA 94232
1-800-777-0133
www.dmv.ca.gov
-

DISABLED VETERAN LICENSE PLATES

THE BENEFIT

- Waiver of registration fees and free “DV” handicap parking license plates for one passenger motor vehicle, motorcycle, or commercial motor vehicle of less than 8001 pounds unladen weight.

WHO MAY BE ELIGIBLE

- A “disabled Veteran” is any person who, as a result of injury or disease suffered while on active service with the Armed Forces of the United States, suffers any of the following:
- (a) Has a disability which has been rated at 100 percent by the Department of Veterans Affairs or the military service from which the Veteran was discharged, due to a diagnosed disease or disorder **which substantially impairs or interferes with mobility** or,
- (b) Is so severely disabled as to be unable to move without the aid of an assistant device or,
- (c) Has lost, or has lost use of, one or more limbs or,
- (d) Has suffered permanent blindness, as defined in Section 19153 of the Welfare and Institutions Code.

HOW TO APPLY

- Obtain a signed doctor’s statement that indicates that the Veteran in question has a service-connected disability with at least one of the above listed mobility impairments, complete [DMV forms REG 195](#) and [REG 256A](#), and mail the completed package to:
 - DMV PLACARD
P.O. Box 942869
Sacramento, CA 94269-0001
1-800-777-0133
www.dmv.ca.gov
-

FREE LICENSE PLATES

THE BENEFITS

- Free specialized license plates.

WHO MAY BE ELIGIBLE

- a) Legion of Valor plates for recipients of the Medal of Honor, Distinguish Service Cross, Navy Cross or the Air Force Cross.
- b) Purple Heart Medal recipients
- c) Pearl Harbor Survivors
- d) Former Prisoners of War

HOW TO APPLY

- Recipients should complete a [DMV form REG 17A](#), and provide proof they received a medal as described above or the evidence of being stationed at Pearl Harbor on December 7, 1941. Former POW's complete [DMV form REG 17](#)

WHERE TO APPLY

- Applications and necessary documentation should be mailed to:
- Department of Motor Vehicles
P.O. Box 932345
Sacramento, CA 94232
1-800-777-0133
www.dmv.ca.gov

VETERANS PREFERENCE IN CALIFORNIA CIVIL SERVICE EXAMINATIONS

THE BENEFIT

- Additional points added to the final score of a civil service examination as follows:
- a) Open Entrance Exams: 15 points for a disabled Veteran and 10 points for other Veterans and surviving spouses.
- b) Open Nonpromotional Entrance Exams: 10 points for disabled Veterans and 5 points for other Veterans.

WHO MAY BE ELIGIBLE

- a) Veterans with service-connected disabilities rated at 10% or greater.
- b) "Wartime" Veterans who served have served with honor.
- c) A Veteran who served under honorable conditions for a period of at least 181 days
- d) Spouses of totally disabled service-connected Veterans.
- e) Unmarried, surviving spouses of a Veteran who has died of service-connected causes.

WHERE TO APPLY

- Please mail an [application](#), discharge papers, and other documents to:
- State Personnel Board
Veterans Preference Coordinator
P.O. Box 944201
Sacramento, CA 94244-2010
(916) 653-1502
www.spb.ca.gov

CALIFORNIA VETERANS CEMETERY

THE BENEFIT

- Complete, professional burial services at no cost to Veterans (\$500 fee for spouses or dependents).

WHO MAY BE ELIGIBLE

- Veterans, dependents and survivors who meet USDVA eligibility requirements for burial in a national cemetery.

WHERE TO APPLY

- Northern California Veterans Cemetery
P.O. Box 76
11800 Gas Point Road
Igo, CA 96047-0076
(866) 777-4533
Or visit www.cdva.ca.gov/Cemetery/Default.aspx on our website.

VETERANS CLAIMS REPRESENTATION AT U.S. DEPARTMENT OF VETERANS AFFAIRS (USDVA) REGIONAL OFFICES

THE BENEFIT

- Professional, accredited, USDVA claims and ratings review, and representation in appellate processes.

WHO MAY BE ELIGIBLE

- Any Veteran, dependent or Veteran's survivor applying for USDVA benefits.

WHERE TO APPLY

- Any [County Veterans Service Office](#) (located in the county government listings in your telephone book)
OR
California Department of Veterans Affairs
Veterans Services Division
1227 'O' Street
Sacramento, CA 95814
1-800-952-5626
www.cdva.ca.gov/otherbenefits/claims.aspx on our Web Site.

FISHING AND HUNTING LICENSES

THE BENEFITS

- Reduced annual fees for fishing and hunting licenses.

WHO MAY BE ELIGIBLE

- Any Veteran with a 50% or greater service-connected disability.

HOW TO APPLY

- First time applicants must submit proof of their service-connected disability from the USDVA.
 - The California Department of Fish and Game
License and Revenue Branch
1740 N. Market Blvd.
Sacramento, CA 95834
Phone (916) 928-5805
<http://www.dfg.ca.gov/>
OR any Department of Fish and Game Office.
-

EMPLOYMENT AND UNEMPLOYMENT INSURANCE ASSISTANCE

THE BENEFITS

- Assistance in obtaining training and employment as well assistance in obtaining unemployment insurance.

WHO MAY BE ELIGIBLE

- All Veterans.

WHERE TO APPLY

- Service-connected disabled Veterans should contact a Veterans Employment Service Specialist (VESS). Other Veterans should contact a Veterans Workforce Specialist (VWS) located at a local [Employment Development Department \(EDD\) Office](#) (see the state government section of your local telephone book).
www.edd.ca.gov
-

FARM AND HOME LOANS (CALVET)

THE BENEFIT

- Direct loans from the State of California, highly competitive rates, quick processing, unbeatable earthquake and disaster coverage, and proven ability to work well with our homeowner Veterans.

WHO MAY BE ELIGIBLE

- Any Veteran who served honorably on active duty in the Armed Forces of the United States, who resides in and wishes to purchase a farm or home in California.

WHERE TO APPLY

- Any California Department of Veterans Affairs [CalVet District Office](#) (located in the state government section of your telephone book), or
- California Department of Veterans Affairs
Farm and Home Loan Division
1227 'O' Street
Sacramento, CA 95814
1-800-952-5626
Or visit www.cdva.ca.gov/CalVetLoans/ on our web site.

STATE PARKS AND RECREATION PASS

THE BENEFITS

- A lifetime State of California Parks pass for only \$3.50.

WHO MAY BE ELIGIBLE

- Any Veteran with a service-connected disability rated at 50% or greater, or a former Prisoner of War.

HOW TO APPLY

- To apply by mail, a Veteran should submit: (1) a completed [Department of Parks and Recreation form DPR 619](#), (2) a letter from the USDVA verifying a service-connected disability rated at 50% or greater, or former Prisoner of War status (3) a copy of the Veterans drivers license to verify California residency, and (4) a check or money order for \$3.50 made payable to the Department of Parks and Recreation.
- California Department of Parks and Recreation
Field Services Division
P.O. Box 942896
Sacramento, CA 94296-0001
(916) 653-4272
<http://www.parks.ca.gov/>

BUSINESS LICENSE, TAX AND FEE WAIVER

THE BENEFIT

- Waiver of municipal, county and state business license fees, taxes and fees, for Veterans who hawk, peddle or vend any goods, wares or merchandise owned by the Veteran, except spirituous, malt, vinous or other intoxicating liquor, including sales from a fixed location.

WHO MAY BE ELIGIBLE

- Honorably discharged Veterans who engage in sales (not services) activities may be eligible. Eligibility criteria differs based upon local jurisdiction.

HOW TO APPLY

- Bring proof of honorable discharge to your local appropriate county/city licensing authority.

PROPERTY TAX EXEMPTIONS

THE BENEFITS

- Property tax exemptions on the assessed value of a home of:
 - a) Up to \$111,296 if the total household income from all sources is over \$49,979 per year.
 - b) Up to \$166,944 if the total household income from all sources is under \$49,979 per year.

WHO MAY BE ELIGIBLE

- a) Wartime Veterans who are in receipt of service-connected disability compensation at the totally disabled rate.
- b) **Unmarried** surviving spouses, or registered domestic partners, of Veterans who are in receipt of service-connected death benefits.
- c) Wartime Veterans who are service-connected for loss of, or loss of use of, two or more limbs.
- d) Wartime Veterans who are service-connected for blindness.
- Those applying for benefits should bring proof from the U.S. Department of Veterans Affairs, verifying receipt of service-connected disability/death benefits.

HOW TO APPLY

- The local County Assessors Office (located in the county government section of your telephone book) or at: www.boe.ca.gov/proptaxes/assessors.htm.

California Veteran Service Offices

ALAMEDA COUNTY VETERANS

6955 Foothill Blvd. Suite 300
Oakland, Ca 94605

24100 Amador St., 3rd
Floor
Hayward, CA 94544
(510) 265-8271
Mon.-- Fri., 9:00am– 2:00pm 1:00pm–5:00pm

1504 Franklin St., Ste200
Oakland, CA 94612
(510) 763-3904 ext 29
Wed.& Fri.9am-12pm & 1pm-5pm

AMADOR COUNTY VETERANS

11401 American Legion Way
ALL Mail – 810 Court St.
Jackson, CA 95642
Monday -- Friday 7:30am - 4:30pm

BUTTE COUNTY VETERANS

196 Memorial Way, #5
Chico, CA 95926
Mon. – Fri. 9:00am - 12:00pm / 1:00pm - 4:00pm
(530) 891-2759

CALAVERAS COUNTY VETERANS

509 East Saint Charles Street
San Andreas, CA 95249
Mon - Fri 9am - 4pm

Outreach offices: Call 209-754-6867 for appointments

West Point
Valley Springs
Copperopolis

291 Main Street, Unit 1
Veterans Hall 189 Pine St.
Lake Tulloch Plaza 3505 Spangler Ln.

COLUSA COUNTY VETERANS

901 Parkhill Street
Colusa, CA 95932
Monday – Friday 8:30 – 5:00
(530) 458-0494

**CONTRA COSTA COUNTY
VETERANS**

(925) 313-1481

10 Douglas Drive, #100
Martinez, CA 94553-4078
9:00am - 12:00pm & 1:00pm - 4:00pm

100-37th St. #1033.

Richmond, CA 94805

Tuesday 1pm - 3pm (510) 374-3241

DEL NORTE COUNTY VETERANS

(707) 464-2154 465-0409

810 "H" Street
Crescent City, CA 95531
Mon - Fri 8:00am - 12:00pm / 1:00pm - 5:00pm

**EL DORADO COUNTY
VETERANS**

(530) 621-5892

130 Placerville Dr. Suite B
Placerville, CA 95667
Mon - Fri 8:00am - 5:00pm

1360 Johnson Blvd. Suite 103A
South Lake Tahoe, CA 96150
Mon - Fri 8:00am - 5:00pm

(530) 573-3134

FRESNO COUNTY VETERANS

(559) 454-5436

3845 N. Clark Suite 101
Fresno, CA 93726
Mon - Thurs 9:00am - 4:00pm
Fri 9:00am - 12:00pm

GLENN COUNTY VETERANS

(530) 934-6524

525 W. Sycamore St. Suite A
Willows, CA 95988

HUMBOLDT COUNTY VETERANS

(707) 445-7611

825 5th Street, Room 310
Eureka, CA 95501-1172

IMPERIAL COUNTY VETERANS

(760) 337-5012

2695 S 4th St.
El Centro, CA 92243
Mon - Fri 8:00am - 5:00pm

INYO COUNTY VETERANS

(760) 873-7850

County Services Building

207 West South Street
Bishop, CA 93514

KERN COUNTY VETERANS

1120 Golden State Avenue
Bakersfield, CA 93301
(661) 868-7300

455 Lexington Street
Delano, CA 93215
(661) 725-3101

400 North China Lake Boulevard
Ridgecrest, CA 93555
(760) 375-1564 ex 226
Wed 10:00am - 3:00pm

OPC
1801 Westwind Drive
Bakersfield, CA
661-632-1801

KINGS COUNTY VETERANS

County Government Center
Law Bldg. #4
Hanford, CA 93230
Mon – Friday, 8:00am – 5:00pm
(559) 582-3211- 2659

LAKE COUNTY VETERANS

255 North Forbes Street
Lakeport, CA 95453
(707) 263-2384

3981 Veterans Way
Clearlake, CA 95422
(707) 994-0646

LASSEN COUNTY VETERANS

Veterans Memorial Building
1205 Main Street
Susanville, CA 96130
(530) 251-8192

**LOS ANGELES COUNTY
VETERANS**

2615 South Grand Ave, Suite 100
Los Angeles, CA 90007
(213) 744-4827

335-A East Ave., K-6

750 Lake Isabella Blvd.
Lake Isabella, CA 93240

1775 Hwy 58
Mojave, CA
661-824-7121

315 Lincoln Street
Taft, CA
661-763-2490

17600 B. Santa Fe Ave.

Lancaster, CA 93535
Robert Ortiz (**VSR**)
(661) 723-4495

1427 West Covina Park Way, Room 100A
West Covina CA 91790
(626) 813-3402

17171 E. Gale Ave
City of Industry, CA 91745
(626) 854-4844

Los Angeles Outpatient Clinic
351 East Temple, Rm. B-307
Los Angeles, CA 90012
(213) 253-2677 ext. 4605

MADERA COUNTY VETERANS
200 W. Fourth St.
Madera, CA 93637
Mon - Fri 8:00am - 5:00pm

MARIN COUNTY VETERANS
10 North San Pedro Rd. , Suite
1010
San Rafael, CA 94903
Mon. Tues. Wed. Fri 8:00am -
4:30pm

MARIPOSA COUNTY VETERANS
5085 Bullion St.
ALL MAIL TO: P.O. BOX 774
Mariposa, CA 95338

**MENDOCINO COUNTY
VETERANS**
747 S. State Street P.O. Box 839
Ukiah, CA 95482
Mon - Fri 8:00am - 12:00pm
1:00pm - 5:00pm
360 N. Harrison St.

360 N. Harrison St.
Fort Bragg, CA 95437
(707) 964-5823

MERCED COUNTY VETERANS
3605 Hospital Road
Suite #E
Atwater, CA 95301
Mon – Fri 8:00am 5:00pm

Rancho Dominguez, CA 90221
(310) 761-2221

8644 Norwalk Blvd.
Whittier, CA 90606
(562) 695-9040

Wilshire & Sawtelle Blvd.
West Los Angeles, CA 90073
(310) 268-4690 ext 48425

Sepulveda VA Outpatient Clinic
16111 Plummer St. Room B-114
Sepulveda, CA 91343
(818) 891-7711 Ext. 9146

(559) 675-7766

(415) 499-6193

(209) 966-3696

(707) 463-4226

(209) 385-7588

MODOC COUNTY VETERANS

211 E. First St.
Alturas, CA 96101
Mon - Fri 9:30pm - 2:15pm

(530) 233-6209

MONO COUNTY VETERANS

ALL MAIL - INYO COUNTY
County Services Building
207 West South Street
Bishop, CA 93514

(760) 873-7850

MONTEREY COUNTY VETERANS

1200 Aguajito Rd., Rm., 003
Monterey, CA 93940

(831) 647-7610 or 647-7616

Rich Garza

VA Clinic -
3401 Engineer Lane
Seaside, CA 93955
(831) 883-3811
Mon-Thur 8:30am - 4:30
Fri. 9:00am to Noon

Salinas –
1000 S. Main Street, Room 107
Salinas, CA 93901
(831) 796-3585 , Fax 757-3475
Mon & Wed 8:00am -5:00pm
Tues. Thurs & Fri 8:00am to Noon

NAPA COUNTY VETERANS

900 Coombs Suite 257
Napa, CA 94559
Mon - Fri 7:00am - 4:00pm

(707) 253-6072

Pat Jolly
Fax 299-1489

NEVADA COUNTY VETERANS

255 South Auburn Street
Grass Valley, Ca 95945
Mon.-Fri. 8:00am – 5:00pm

(530) 273-3396

ORANGE COUNTY VETERANS

County Operations Center
1300 S. Grand Ave., Bldg. B
Santa Ana, CA 92705

(714) 567-7450

PLACER COUNTY VETERANS

DeWitt Center
2995 First Street
Auburn, CA 95603

1880 Sierra Gardens Dr.
Roseville, CA 95661
Mon - Fri 8:30am - 4:30pm

(916) 784-6127

PLUMAS COUNTY VETERANS

Health & Human Services Office
270 County Hospital Road, Suite
107

(530) 283-6275

Quincy, CA 95971-9216
Mon - Fri 8:00am - 5:00pm

(800) 219-5295

RIVERSIDE COUNTY VETERANS

(951) 955-3010

1153A Spruce Street
Riverside, CA 92507-2428
Mon - Fri 8:00am - 5:00pm

Elaine Garza
Executive Assistant
(951) 955-3112 Fax 955-6061

82-675 Highway 111, Room 120
Indio, CA 92201
(760) 863-8266 Fax 863-8478
Mon - Fri 8:00am - 5:00pm

Senior Service Center
1075 N. State St
Hemet, Ca 92543
(951) 766-2566 Fax 766-2567

County Administrative Center

260 North Spring Street
Blythe, CA 92225

**SACRAMENTO COUNTY
VETERANS**

(916) 874-6811 / Jeff 874-6713

2007 19th Street
Sacramento, CA 95818

**SAN BENITO COUNTY
VETERANS**

(831) 637-4846

649 San Benito Street,
Hollister, CA 95203

**SAN BERNARDINO COUNTY
VETERANS**

(909) 387-5516

175 West 5th Street, 2nd Fl
San Bernardino, CA 92415-0470

13260 Central Ave.

Chino, CA 91710

(909) 465-5242 Fax 465-5245
Mon - Thurs 7:30am - 4:30pm

15456 W. Sage St., Ste 201

Victorville, CA 92392

(760) 843-4300 Fax - 843-2791

56357 Pima Trail

Yucca Valley, CA 92284

(760) 228-5234

Tues 9:00am - 3:00pm

73629 Sun Valley Dr.

Twenty-nine Palms, CA 92277

11201 Benton St. Rm. 1F06

Loma Linda, CA 92357

VA Community Clinic

28125 Bradley Rd. Ste 130

Sun City, CA 92586

SAN DIEGO COUNTY VETERANS

(619) 531-4545

734 West Beech Street, Suite 200
San Diego, CA 92101-2441
Mon - Friday 8:00am - 4:00pm

1830 West Drive, Suite 107
Vista, CA 92083
(760) 643-2049

SAN FRANCISCO COUNTY VETERANS

(800) 807-5799 (415) 554-7100

875 Stevenson St., Suite 250
San Francisco, CA 94103

SAN JOAQUIN COUNTY VETERANS

(209) 468-2916

105 S. San Joaquin Street
Stockton, CA 95202

SAN LUIS OBISPO COUNTY VETERANS

(805) 781-5766

801 Grand Avenue
San Luis Obispo, CA 93408

SAN MATEO COUNTY VETERANS

(650) 802-6598

260 Harbor Blvd. Building A
Belmont, CA 94002
Mon - Fri 8:00am - 5:00pm

SANTA BARBARA COUNTY VETERANS

(805) 737-7900

108 E. Locust
Lompoc, CA 93436

315 Camino Del Remedio, Bldg. 2
Santa Barbara, CA 93110

(805) 681-4500
FAX - 681-4501

511 E. Lakeside Parkway Rm. 47
Santa Maria, CA 93455

(805) 346-7160

SANTA CLARA COUNTY VETERANS

68 N. Winchester Blvd
Santa Clara, CA 95050
(408) 553-6000

Branch Office @ San Jose VA Clinic
80 Great Oaks Blvd..
San Jose, CA 95119
(408) 363-3000 Ext. 75544
Tues & Thurs. 8:00am – 3:00pm

SANTA CRUZ COUNTY VETERANS (831) 458-7110
842 Front St.
Santa Cruz, CA 95060

215 East Beach Street
Watsonville, CA 95076
(831) 763-4419
Tues Only 8:30 – 4:30

SHASTA COUNTY VETERANS (530) 225-5616
2625 Breslauer Way #4
Redding, CA 96001

SISKIYOU COUNTY VETERANS (530) 842-8010
311 Lane Street
Yreka, CA 96097

Mt. Shasta, CA 96067
(530) 842-8010
1st Wed Call for Appointment

SOLANO COUNTY VETERANS (707) 784-6590
675 Texas St. Suite 4700
Fairfield, CA 94533-6340

Dennis Murphy (707) 553-5261
401 Amador St.
Vallejo, CA 94590 Vet

SONOMA COUNTY VETERANS (707) 565-5960
3725 Westwind Blvd. Suite 101
P.O. Box 4059
Santa Rosa, CA 95402

STANISLAUS COUNTY VETERANS (209) 558-7380
121 Downey Ave, Suite 102
Modesto, CA 95353
P.O. Box 1143 Modesto, CA 95354

TEHAMA COUNTY VETERANS (530) 529-3664
633 Washington St. Room 15
P.O. Box 729
Red Bluff, CA 96080

TULARE COUNTY VETERANS (559) 685-3300
205 N. L Street
Tulare, Ca 93274

TUOLUMNE COUNTY VETERANS

(209) 533-6280

105 E. Hospital Rd.
Sonora, CA 95370
Mon - Fri 9:00am - 4:00pm

VENTURA COUNTY VETERANS

(805) 385-6366

1701 Pacific Ave., Suite 110
Oxnard, CA 93033

Pacific Arts Plaza Suite C
2100 Thousand Oaks Blvd.
Thousand Oaks, Ca 93162
(805) 373-2564

970 Enchanted way
Simi Valley, Ca 93065
(805) 955-2240

YOLO COUNTY VETERANS

(530) 406-4850

ALL MAIL - P. O. Box 1195
Woodland, Ca 95776
120 W. Main Street, Suite A
Woodland, CA 95695

**YUBA-SUTTER COUNTY
VETERANS**

(530) 749-4967

1114 Yuba St., Suite 150
Marysville, CA 95901
Mon - Fri 8:00am -5:00pm

For questions about and assistance for applying for United States Department of Veteran Affairs Benefits contact one of the regional offices below or your local County Veterans Service Officer.

Veteran Services Division – San Diego
8810 Rio San Diego Drive, Room 1122
San Diego, CA 92108
(619) 400-0070
Fax (619) 400-0071

Veteran Services Division – Los Angeles
11000 Wilshire Blvd, Room 5203
P.O. Box 24010
Los Angeles, CA 90024
(213) 620-2755
(310) 235-7155
Fax (310) 575-3852

Veteran Services Division – Oakland
1301 Clay Street, Room 1130 N
Oakland, CA 94612
(510) 286-0627
Fax (510) 286-0653

County Veteran Service Officers: Monday - Friday, 9:00 AM - 4:00 PM (PST)

California Association of County Veteran Service Officers, INC. (CACVSO).

20100 Cedar Road North, Suite A

Sonora, CA 95370

Phone: 209-533-6880

Fax: 209-533-6884

To locate your local County Veterans Service Officer log onto the web site below.

<http://www.cacvso.org/ContentPage.asp?ContentID=71>

For admission into a California Veterans Home, please contact one of the Homes listed below:

Veterans Home of California
Yountville Campus (Napa County)
Attn: Admissions
180 California Drive
P. O. Box 1200
Yountville, CA 94599

Veterans Home of California
Barstow Campus (San Bernardino County) Attn: Admissions
100 E. Veterans Parkway
Barstow, CA 92311
(800) 746-0606

Veterans Home of California
Chula Vista Campus (San Diego County)
Attn: Admissions
700 East Naples Court
Chula Vista, CA 91911
(888) 857-2146

Veterans Homes In Development

- West Los Angeles
- Lancaster, Los Angeles County
- Saticoy, Ventura County
- Fresno Fresno County
- Redding, Shasta County

Veteran Service Organizations

Many Veteran organizations are recognized as advocates for Veterans and can assist you in submitting your claims for VA Benefits. You will find these organizations listed in the phone book and are also available at your VA Medical Centers.

Social Security Administration-

www.ssa.gov

Apply or replace your Social Security Number identification card or submit a claim for disability. Locating your closest Social Security Administration is easy to do. The personnel there can assist you with applying for benefits 1-800-772-1213.

California Employee Development Department

www.edd.ca.gov/

All EDD Job Service offices have specially-trained staff to ensure Veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Services can include counseling, labor market information, job referrals, job search workshops, and job development with potential employers.

Many areas within California provide free resource referral by dialing 211; try it to see if the service is available in your area. The following resources are a partial list provided for you to try when you arrive to your community. The organizations listed may have changed or no longer have the resources listed. Your local library or Social Service Agency will have additional resources for you to try as well.

COMMUNITY RESOURCES

The following is a partial listing of community resources available to community members living in that region. You will find many resources when you are released and are encouraged to participate in the Parole PACT Meeting where local services will come to offer their help.

SAN FRANCISCO BAY AREA RESOURCES

Employment

CalWORKS, PeninsulaWORKS:

Comprehensive employment and training services to job seekers. Four locations:

271 92nd Street
Daly City, CA 94015
(650) 301-8440

550 Quarry Road
San Carlos, CA 94070
(650) 596-1035

2500 Middlefield Road
Redwood City, CA 94063
(650) 367-0190

1200 O'Brien Drive
Menlo Park, CA 94025
(650) 330-6490
<http://www.peninsulaworks.org/>

Next Step Center

Full array of career exploration, job skills and resume development, and job acquisition services.

795 Willow Rd. Menlo Park 94025
(650) 566-0240

Palo Alto VA Health Care System, Compensated Work Therapy (CWT)

Provides therapeutic work experiences that assist Veterans in returning to competitive employment in the community. Veterans must be referred by a health care provider at the VAPAHCS, meet eligibility requirements and be actively engaged in appropriate inpatient or outpatient treatment.

795 Willow Rd., Menlo Park 94025
(650) 493-5000 x 22219

California Department of Rehabilitation

Services and advocacy for employment, independent living and equality for individuals with disabilities. Multiple sites in multiple counties within the San Francisco District. Call for other local offices.

San Francisco District Office
301 Howard Street, Suite 700, San Francisco 94105-6604
(415) 904-7100 (VOICE & TTY)
(415) 904-7138 (TTY)
<http://www.rehab.cahwnet.gov/>

Employment Development Department (EDD)

Veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Multiple Locations include:

OneStop,Source
2450 S. Bascom Avenue
(408) 369-3606

Oakland
675 Hegenberger Rd.
(510) 563-5200

Concord
4071 Port Chicago Hwy #250
(925) 602-0869

San Francisco
801 Turk Street
(415) 749-7503

Capitola
2045 40th Ave., Suite B
(831) 464-6286

San Rafael – N. Bay Job Svc
120 North Redwood Drive
(415) 473-3330

Hayward
24100 Amador St, 3rd Floor
(510) 259-3500

SWORDS TO PLOWSHARES

Job training and employment placement.

1060 Howard St.
San Francisco, 94103
(415) 252-4788
<http://swords-to-plowshares.org/>

Financial

General Assistance

Financial assistance to low-income singles, by county:

San Francisco County
1235 Mission St.
San Francisco, 94103
(415) 558-1000

San Mateo County
550 Quarry Road
San Carlos, CA 94070
(650) 596-1025

Santa Clara County
1670 Las Plumas Ave. Suite A
San Jose, CA 95133
(408) 928-3700

TANF/CalWORKS and Food Stamps
170 Otis St., San Francisco, 94103
(415) 557-5723

Veterans Benefits Administration

Compensation and pension information.

1301 Clay St. Rm 1300N Oakland, 94612
1-800-827-1000

Veterans Service Office

50 counties have a Veteran's service office that provides assistance with claims and services involving federal, state and local Veteran's benefits. For complete listing visit: <http://www.cdva.ca.gov/links/states.asp>

Alameda County
6955 Foothill Blvd, Ste 300
Oakland, 94605
(510) 577-3547

Monterey County
1200 Aguajito Road, Rm 102
Monterey, 93940
(831) 647-7610

Contra Costa County
10 Douglas Drive, #100
Martinez, 94553-4078
(925) 313-1481

San Francisco County
875 Stevenson St., Suite 250
San Francisco, 94103
(415) 554-7100
CA only: 800-807-5799

Marin County
10 North San Pedro Rd.,
San Rafael, 94903
(415) 499-6193

San Mateo County
550 Quarry Road
San Carlos, 94070
(650) 802-6598

Santa Clara County
68 North Winchester Blvd.
Santa Clara, 95050
(408) 553-6000

Food and Clothing

Second Harvest Food Bank of Santa Clara and San Mateo Counties
Food distribution to low-income individuals and families. To request food call:
1-800-984-3663

Santa Clara County:
750 Curtner Ave, San Jose,
95125
(408) 266-8866

San Mateo County:
1051 Bing Street, San Carlos,
94070-5320
(650) 610-0800

Samaritan House
Free clothing distribution for Samaritan House clients
1515 S. Claremont St.
San Mateo, CA 94402
(650) 341-8309

Housing

ALAMEDA COUNTY

Operation Dignity
Transitional housing for Veterans.
1504 Franklin St., Suite 102, Oakland, CA 94612
1-510-287-8465, 1-800-686-9036
info@operationdignity.org

CONTRA COSTA COUNTY

Concord Shelter
Emergency shelter for the homeless.
2047-C Arnold Industrial Way, Concord 94520
925-646-5082

MARIN COUNTY

Center Point
This non-profit organization provides comprehensive social, educational, vocational, medical, psychological, housing and rehabilitative services to combat social problems including substance abuse, poverty, unemployment and homelessness.
135 Paul Drive, San Rafael, 94903
(415) 492-4444; www.cpinc.org

Homeward Bound of Marin
Night-to-night, long-term and transitional housing with case management to move toward permanent housing.
199 Greenfield Ave, 2nd Floor
San Rafael, CA 94901-2622
(415) 457-9651

SAN FRANCISCO COUNTY

Shelter Resigration for San Francisco

Mission Neighborhood
165 Capp St.
(415) 869-7977

Tenderloin AIDS
187 Golden Gate Ave
1-415-982-5700

Bay View Hunters Point
2111 Jennings
(415) 671-1100

McMillan Drop-in
39 Fell St.
(415) 241-1180

Glide
330 Ellis St.
(415) 674-6033

Swords to Plowshares

Provides transitional housing, counseling, case management, employment and training, and legal assistance to Veterans.

1060 Howard St., San Francisco, 94103
(415) 252-4788

SACRAMENTO COUNTY

Infoline-Sacramento

Information on available housing and other social services.
(916) 455-2160

Sacramento Area Emergency Housing Center

Emergency and transitional housing for men and women.
2925 34th St., Sacramento, CA
(916) 455-2160

Sacramento Self Help Housing

Housing counseling and referral for low income persons.

1422 C Street, Sacramento 95814
(916) 444-8216 or 448-1074; www.sacselfhelp.org
Main number-1-916-341-0593

Sacramento Veterans Resource Center

Provides counseling, supportive housing, and employment assistance services.
7270 E. Southgate Dr., Sacramento CA 95823
(916) 393-8387; www.vietvets.org

Salvation Army

Homeless shelter and support services for single men and women for up to 30 days.
1200 North B St., Sacramento 95814
(916) 442-0331

WEAVE, Women Escaping a Violent Environment

Temporary shelter and support services to victims of domestic violence.
1900 K St., Sacramento 95814

(916) 920-2952 – 24 hour crisis line
(916) 448-2321 – General

SAN MATEO COUNTY

Homeless Veterans Emergency Housing Facility
Transitional housing on the Menlo Park VA campus.
795 Willow Road. Menlo Park, CA 94025
(650) 493-5000 x 22044

Clara Mateo Alliance
Provides emergency and transitional housing with case management services to individuals, couples, and families with children.
795 Willow Road Bld 232D, Menlo Park 94025
(650) 853-8697 ext-208

SANTA CLARA COUNTY

The Emergency Housing Consortium
Emergency and transitional housing as well as a homeless drop in resource center.
2011 Little Orchard Street, San Jose, 95124
(408) 294-2100

InnVision
Emergency and transitional housing.
2011 Little Orchard St. San Jose, CA 95125
(408) 292-4286

The Shelter Bed Hotline
Telephone access to emergency housing from just South of San Francisco to San Jose.
(800)-7-SHELTER

Legal

Legal Aid Society of Santa Clara County
Free civil legal services for low-income persons.
480 N. First Street, San Jose, 95103
(408) 998-5200

Bay Area Legal Aid
Legal assistance with housing, domestic violence, public benefits, employment and health access.
50 Fell St. 1st Flr., San Francisco, 94012
(415) 982-1300

Homeless Advocacy Project
Free legal assistance.
1360 Mission St. 2nd Flr, San Francisco, 94105
(800) 405-4HAP

Swords to Plowshares

Legal unit helps Veterans apply for benefits, appeal denials, and pursue upgrade in discharge status.

1060 Howard St., San Francisco, 94103
(415) 252-4788

Medical and Mental Health

Palo Alto VA Health Care System

Full service hospital with divisions and/or outpatient clinics at the following locations:

Palo Alto
3801 Miranda Ave., 94304
(650) 493-5000

Menlo Park
795 Miranda Ave., 94025
(650) 493-5000

Livermore
4951 Arroyo Rd. 94550
(925) 373-4700

Capitola
1350 N. 41st St., Ste 102 95010
(831) 464-5519

Modesto
1524 McHenry Suite 315
95350
(209) 557-6200

Monterey
3401 Engineer Lane
Seaside, 93955
(831) 883-3800

San Jose
80 Great Oaks Blvd., 95119
(408) 363-3000

Sonoma
19747 Greenley Rd. 95370
(209) 588-2600

Stockton
500 W. Hospital Rd, (co-located
with San Joaquin General
Hospital) 95231
(209) 946-3400

SF VA Health Care System

Full service hospital with divisions and outpatient clinics (OPC) at the following locations:

San Francisco Medical Center
4150 Clement St., 94121
(415) 221-4810

Eureka OPC
714 F. st., 95501
(707) 442-5335

Santa Rosa OPC
3315 Chanate Rd., 95404
(707) 570-3855

Ukiah OPC
630 Kings Ct., 95482
(707) 468-7700

Northern California VA Health Care System

Full service hospital with outpatient clinics (OPC) in the San Francisco Bay Area at the following locations:

Oakland, Mental Health Clinic,
Army Base OPC
2505 W 14th St., 94607
(510) 587-3400

Oakland OPC
2221 Martin Luther King Jr. Way
94612
(510) 267-7820

San Francisco General Hospital
Psychiatric Emergency Services (PES)
1001 Potrero Ave., San Francisco, CA. 94110
(415) 206-8125

The Coming Home Project

Free and confidential counseling, as well as support and stress reduction workshops, for family, friends and extended family members of military personnel who are serving, preparing to serve, or have served in Operation Iraqi Freedom or Operation Enduring Freedom.

121 Clement Street, San Francisco, CA 94118
(415) 387-0800 www.cominghomeproject.net

Vet Centers

Counseling for Veterans with PTSD and/or who experienced military sexual trauma.
Multiple locations:

505 Polk St.
San Francisco, CA 94102
(415) 441-5051 ext. 6931

2946 Broadway St.
Redwood City 94062
(650)299-0672

1504 Franklin St., 200
Oakland, CA 94612
(510) 763-3904

278 N. 2nd St.
San Jose 95112
(408) 993-0729

Substance Abuse Treatment

Palo Alto VA Health Care System, Menlo Park Campus

Multiple treatment options:

All located at: 795 Willow Rd., Menlo Park 94025

- Homeless Veterans Rehabilitation Program
180-day residential program to address homelessness and all related issues, including substance dependence issues as relevant.
(800) 848-7254
- Addiction Consultation and Treatment (ACT)
Substance abuse treatment services to Veterans in both outpatient and residential treatment settings. Two residential treatment options:
(866) 717-1978
- First Step
90-day residential program to address substance dependence and all related issues.
- Foundation of Recovery
30-day residential program to address substance dependence and all related issues

SF VA Hospital Substance Abuse Program

Outpatient substance abuse treatment is accessed through the Mental Health Service Access Center

4150 Clement St. Bld 8, San Francisco, 94121
(415) 750-6674

Haight Ashbury Free Clinics
21 day outpatient medical detox, counseling and outpatient treatment groups.
529 Clayton St. San Francisco, 94117
(415) 746-1967

McMillan Resource Center
Substance abuse detox.
39 Fell St. San Francisco, 94102
(415) 241-1180

Salvation Army Adult Rehab Center
Spiritually based 12 step recovery program with strong work component.
1500 Valencia St., San Francisco, 94110
(415) 643-8028

Salvation Army Harbor Light Detox
1275 Harrison St. San Francisco
(415) 503-3000

Alcoholics Anonymous
(415) 674-1821

Narcotics Anonymous
(415) 621-8600

Northern California VA Health Care System, Oakland Army Base
Outpatient relapse prevention treatment.
2505 W 14th St, 94607
(510) 587-3400

CENTRAL CALIFORNIA RESOURCES

Employment

Employment Development Department (EDD)
Veterans of the U.S. Armed Forces receive maximum employment and training opportunities. Multiple locations, including:

Marysville
1114 Yuba Street
(530) 741-4218

Sacramento
2901 50th Street
(916) 227-0301

Manteca
302 Northgate Drive
(209) 825-1300

Stockton
135 W. Fremont Street
(209) 948-7856

Merced
1205 West 18th Street
(209) 726-5407

West Sacramento
500 A Jefferson Blvd, Ste 110
(916) 375-6300

Modesto
629 12th Street
(209) 576-6118

Woodland
25 North Cottonwood Street
(530) 661-2600

Sacramento Veterans Resource Center
Employment readiness programs and career counseling for unemployed or homeless Veterans.
7270 E. Southgate Dr., Sacramento CA 95823
(916) 393-8387

Financial

Sacramento County Department of Human Assistance
Administers public welfare, including CalWORKS and food stamps, for the County of Sacramento. Main office:
2433 Marconi Ave., Sacramento 95821
(916) 875-3601

Salvation Army
Financial assistance with utility bills and rental assistance.
1225 North B St., Sacramento 95814
(916) 442-0303

Veterans Service Office – Sacramento County
50 counties have a Veteran's service office that provides assistance with claims and services involving federal, state and local Veteran's benefits. For complete listing visit:
<http://www.cdva.ca.gov/links/states.asp>

Sacramento County
2007 19th St.
Sacramento 95818
(916) 874-6811

Fresno County
3845 N Clark St Ste 101, Fresno 93726
(559) 454-5436

Food and Clothing

Elk Grove Community Food Bank Services
Three day supply of food distributed on walk-in basis, once a month, with verification of current address.
8820 Elk Grove Blvd. Elk Grove, 95624
(916) 685-8453

Loaves and Fishes Dining Room
Free daily hot lunch.
1321 North C St. Sacramento 95814
(916) 446-0874

Sacramento Food Bank Services
Distributes three day supply of food at three locations. Also provides clothing and shoes for men, women, children and infants. Main office:
3333 Third Ave. Sacramento 95817
(916) 456-1980
www.sfbs.org

Salvation Army, Sacramento
Food closet provides food boxes up to 6 times per year.
1225 North B St., Sacramento 95814
(916) 442-0303
Emergency Food Bank
Free food distribution.
7 West Scotts Ave., Stockton 95203
(209) 464-7369

Salvation Army, Modesto
Emergency Food Assistance provides canned food stuffs to those in need.
625 I St., Modesto 96353
(209) 522-3209

Salvation Army, Fresno
Emergency Food Assistance provides canned food stuffs to those in need.
811 S. Parallel Avenue
Fresno 93721
(559) 233-0138

FRESNO COUNTY

Povarello House
Shelter and full service agency for homeless persons.
412 F St., Fresno 93726
(559) 498-6988

Fresno Rescue Mission
Emergency shelters and homeless services for men and families, and residential drug and alcohol rehabilitation program for men.
310 G Street, Fresno 93706 (559) 268-0839

SAN JOAQUIN COUNTY

Gospel Center Rescue Mission
Emergency housing for homeless, single men. Provides food, clothing and shelter during an incidence of homelessness. Family transitional housing program available for single women and children.
445 S. San Joaquin St., Stockton 95203
(209) 466-2138
Stockton Shelter for the Homeless
Emergency housing and food, clothing and case management for homeless men, women and families.
611 W. Church St. Stockton 95203
(209) 466-2605 www.stocktonshelter.com

STANISLAUS COUNTY

Central Valley Veterans Shelter
Emergency shelter for homeless Veterans. Up to 30 day stay.

664 Paradise Rd., Modesto 95351
(209) 522-4355

Community Housing & Shelter Services
Resources for the homeless.
823 15th St., PO. Box 881 Modesto, CA 95353
(209) 574-1149

Gospel Mission, Modesto
Emergency shelter for the homeless.
1400 Yosemite Blvd, Modesto, CA 95354
(209) 529-8259

Pathways
Provides housing referral assistance.
700 Norwegian Ave, Modesto, CA 95350
(209) 526-3809

Legal

HICAP
Health insurance counseling and advocacy.
2862 Arden Wy Ste 200, Sacramento
1-800-434-0222

Legal Hotline
Free legal services for seniors.
444 N. 3rd St. Ste 312, Sacramento
(800) 222-1753

Legal Services of Northern California
Legal aid to low income persons in 23 Northern California counties: Sacramento, Placer, Amador, Calaveras, El Dorado, Nevada, Sierra, Solano, Yolo, Butte, Plumas, Glenn, Tehama, Colusa, Mendocino, Lake, Del Norte, Humboldt, Lassen, Modoc, Shasta, Siskiyou, & Trinity.

Sacramento location:
515 12th St. Sacramento 95814
(916) 551-2150

Central California Legal Services
Free legal assistance to low income families in the following counties: Fresno, Kings, Mariposa, Merced, Tulare, and Tuolumne.

Greater Bakersfield Legal Assistance
Inc.
615 California Avenue
Bakersfield, CA 93304
1-661-321-9744

2014 Tulare Street Suite 600
Fresno, CA 93721
(559) 570-1200
<http://www.centralcallegal.org/>

Central California Legal Services

Medical and Mental Health Services

Loaves & Fishes Genesis Mental Health Services

Free mental health program for homeless persons with no insurance and who are not otherwise qualified for publicly funded services.

1321 North C St., Sacramento 95814
(916) 669-1536

Northern California VA Medical Center

Full service hospital with divisions and outpatient clinics (OPC) at the following locations:

Mather Field Hospital
10535 Hospital Way
Sacramento, CA 95655
(916) 843-7000

Martinez Division
150 Muir Road
Martinez, CA 94553
(925) 372-2000

Fairfield OPC
103 Bodin Circle, Building 778
Travis AFB, CA 94535
(707) 437-1800

McClellan OPC
5342 Dudley Blvd.
McClellan, CA 95652
(916) 561-7400

Mare Island OPC
201 Walnut Ave.
Vallejo, CA 94592
(800) 382-8387 or (707) 562-8200

Redding OPC
351 Hartnell Ave.
Redding, CA 96002
(530) 226-7555

Fresno VA Health Care System

Full service hospital with divisions and outpatient clinics (OPC) at the following locations:

Fresno VA Medical Center
2615 East Clinton Avenue
Fresno, CA 93703
(559) 225-6100

Castle OPC
3605 Hospital Road, Suite D
Atwater, CA 95301-5140
(209) 381-0105

South Valley OPC

1050 North Cherry Street
Tulare, CA 93274
(559) 684-8703

Vet Centers Individual, couples, group and family PTSD counseling for war zone Veterans and any Veteran who experienced sexual trauma while serving in the military, as well as bereavement counseling to family members who are not Veterans. Multiple locations:

Chico
280 Cohasset Rd., Suite 100,
Chico 95926
(530) 899-8549

Fresno
3636 N. 1st St. Suite 112, Fresno, 93726
(559) 487-5660

Rohnert Park
6225 State Farm Dr., Suite 101, Rohnert
Park 94928
(707) 586-3295

Sacramento
1111 Howe Ave., Suite 390,
Sacramento, 95825
(916) 566-7430

Substance Abuse Treatment

Options for Recovery – Sacramento County

Referral to chemical dependence recovery programs for men and women.
4875 Broadway, Suite 129, Sacramento, CA 95820
(916) 874-9754

Sacramento Veterans Resource Center

Residential drug and alcohol program.
7270 E. Southgate Dr., Sacramento CA 95823
(916) 393-8387

New Life Program

Six-month drug and alcohol dependency program for men or women.
Gospel Center Rescue Mission
445 S. San Joaquin St., Stockton 95203
(209) 466-2138

New Directions

Short and long-term residential substance abuse treatment.
P.O. Box 5070, Stockton CA 95205
(209) 870-6500

Fresno VA

Outpatient substance abuse treatment.
2615 E. Clinton Ave., Fresno 93703
(559) 225-6100

Salvation Army/ The ARC

Drug and alcohol rehabilitation for men and women.
811 S. Parallel Avenue, Fresno 93721
(559) 490-7020

SOUTHERN CALIFORNIA RESOURCES

KERN COUNTY

VA Bakersfield Community Based Outpatient Clinic
1801 Westwind Drive
Bakersfield, CA 93301
(661) 632-1800

Veterans Assistance Foundation
Supportive housing for homeless Veterans.
1120 Golden State Highway, Bakersfield, CA 93301
(661)-868-7300

SAN LUIS OBISPO COUNTY

VA San Luis Obispo CBOC - Pacific Medical Plaza
1288 Morro Street, Ste.200
San Luis Obispo, CA 93401
Phone: (805) 543-1233
Fax: (805) 547-1179

SANTA BARBARA COUNTY

VA Santa Barbara Ambulatory Care Center
4440 Calle Real
Santa Barbara, CA 93110
(805) 683-1491

VA Santa Maria Community Based Outpatient Clinic
1550 East Main Street
Santa Maria, CA 93454
(805) 354-6000

The Salvation Army
Santa Barbara Hospitality House
423 Chapala Street
Santa Barbara, California
(805) 962-6281

VENTURA COUNTY

VA Oxnard Community Based Clinic
2000 Outlet Center Drive, Suite 225
Oxnard , CA 93036-0607
Phone: (800) 310-5001

VA Santa Paula Community Based Outpatient Clinic
242 East Harvard Blvd.
Santa Paula, CA 93060

(805) 983-6384

Catholic Charities Service sites

- Community Services, 303 N. Ventura Ave., Ventura, CA, 93001; 805-643-4694
- 80 E. Hillcrest Dr., Ste. 206B, Thousand Oaks, CA, 91360; 805-496-1113
- Community Services, 30 Flory Ave., Moorpark, CA, 93021; 805-529-0720
- Community Services, 402 N. "A" St., Oxnard, CA, 93030; 805-486-2900

OASIS/Aging (Male only), 2532 Ventura Blvd., Camarillo, Ca, 93010
805-987-2083; Fax: 805-383-1318

St. Mary Magdalen Church, corner of Las Posas Rd. and Crestview.

Senior Services (OASIS) 60+, 5649 Pittman St., Simi Valley, CA, 93063
805-526-3009; Fax: 805-583- 6363

Community Action of Ventura County: 805-436-4000

- CalWORKs Community Service Program
129 Dean Dr., Santa Paula, CA, 93060; 805-525-0270; Fax: 805-525-1621
- CONVIVIR Program 940 E. Main St., Santa Paula, CA; 805-525-6616
- The Goldberg House, 946 East Thompson, Ventura, CA, 93001; 805-648-6088

HELP of Ojai, Inc.

- BUSINESS ADDRESS: 212 Fox St., Ojai, CA, 93023; 805-640-3320; Fax: 805-640-3322;
Emergency Shelter Program-Sunshine Mission for Women
- BUSINESS ADDRESS: 2600 S. Hoover St., Los Angeles, CA, 90007; 213-747-7419; Fax:
213-747-8816; 9 am - 5 pm, M - F

Homeless Information and Referral Program
2220 Ventura Blvd., Camarillo, CA, 93010; 805-987-6712

RIVERSIDE COUNTY

Employment Services
Assists Parolees to Obtain Employment

Fresh Start
4344 Latham (Riverside)
951-781-0655

Work Force Development Center
1151 Spruce (Riverside)
951-955-3100

Labor Ready
833 B N. Main (Corona)
951-280-9297

Noble House
(Riverside)
909-376-8889

U.S. Vets
(March Air reserve Base)
951-656-6894

Victory Outreach
(Corona) 951-734-6212

Dual Diagnosis Treatment

Riverside Adult Systems of Care
1695 Spruce (Riverside)
951-358-7650

Education

Riverside Community Collage
(Riverside) 951-222-8402
(Norco) 951-372-7052

Riverside Adult School
(Riverside) 951-788-7185

ROP Regional Occupation Program
(Riverside) 951-826-6450

Housing

Action Alliance
(Riverside)
951-544-8733

Full Circle Outreach
(Norco)
951-737-6199

Grace House
(Riverside)
951-368-7073

Hacienda Christian Living
(Perris)
951-657-3041

Food and Clothing

Arlington Temporary Services
4510 Van Buren (Riverside)
951-689-5620

Community Settlement Assistance
4366 Bermuda (Riverside)
951-686-6266

Settlement House
507 S. Vicentia (Corona)
951-737-3504

Salvation Army Thift Store
1280 E 6th St (Corona)
951-735-4410

Riverside County Mental Health
4275 Lemon (Riverside)
951-955-8540

Transitional Services
3839 Brockton Ave. (Riverside)
951-686-5484

Substance Abuse Treatment

California Recovery Clinics
(Corona) 951-549-8888

California Rehabilitation Center
(Norco) 951-737-2683

Substance Abuse Program
(Corona) 951-737-2962

MFI Recovery Center
(Riverside) 951-683-6596

Riverside Treatment Services
(Riverside) 951-784-8010

Health and Dental

Eastside Health Services
1970 University (Riverside)
951-276-0661 (Health)
951-276-0668 (Dental)
County of Riverside Health Services

Inland AIDS Project
3758 Elizabeth (Riverside)
951-683-4022

Counseling

ABC Counseling
2200 Hammer (Norco)
951-734-3399

A.C.T.S.
7250 Mission (Riverside)
951-681-3115

Veterans Community Baptist Church
12354 S. Mt. Vernon Ave
Grand Terrace, Ca 92313
(909) 825-8042
Food Ministries – 9:00am -2:00pm
Spiritual Counseling – Pastor Gilbert (Veteran
USN)

Other Helpful Numbers

Child Protective Services
1-800-442-4918

Homeless Emergency Shelter
951-278-2215

Social Security / SSI
1-800-772-1213

Unemployment Insurance Claims
1-800-326-8937

Riverside County Social Services
951-955-6400

Riverside City Collage
951-222-8402

SAN BERNARDINO COUNTY

Social Services
Arrowhead Regional Medical Center
(909) 580-1000

Child Support Services
Loma Linda, CA
(909) 799-1790

Faith

Full Circle Outreach
(Corona) 951-545-2965

Path of Life Ministries
(Riverside) 951-786-9048

Victory Outreach Special Services
(Corona) 951-684-7771(Main number in
Riverside)

Veterans Affairs / New Start Program
909-503-2903

Riverside County Child Support
951-955-8163

Inland AIDS Project
951-683-4022

Riverside County Mental Health
951-955-8000

Department of Motor Vehicles
1-800-777-0133

Social Security Administration
605 N. Arrowhead Ave. Ste. 101
San Bernardino, CA
(800) 772-1213

Community Services
2-1-1

Rancho Cucamonga, CA
(909) 945-4342

Department of Motor Vehicles
(800) 777-0133

Department of Rehabilitation
464 W. 4th Street
San Bernardino, CA
(909) 383-4401
Assist those with disabilities

Inland County Legal Services
(909) 980-0982
(800) 977-4257

Office of District Attorney Victim Witness
316 N. Mt. View Ave.
San Bernardino, CA
(909) 387-6540

San Bernardino County Alcohol Drug Services
(ADS)
700 Gilbert Street
San Bernardino, CA

San Bernardino County Department of Public
Health
(800) 255-6560

San Bernardino County Recorder and County
Clerks Office
222 W. Hospitality Lane
San Bernardino, CA
(909) 387-8314
Birth, death and marriage certificates

Diocese of San Bernardino
Sister Carmel Crimmins
1201 E. Highland Ave.
San Bernardino, CA
(909) 475-5475
Spiritual assistance and social services

Frazee Center

(888) 435-7565
Health care, counseling, food, support groups,
clothing, housing, employment and many more

California Vision Foundation
(800) 877-5738
Free eye exam and low cost glasses

Catholic Charities
(909) 880-3725
Utility assistance, housing, food, family
support and HIV/AIDS services

Central City Lutheran Mission
1354 North G Street
San Bernardino, CA 92405
(909) 381-6921
Transitional housing for homeless, food and
HIV/AIDS services

Children's Network
385 N. Arrowhead Ave. (2nd floor)
San Bernardino, CA
(909) 387-2020
Child healthcare, child abuse and child safety

Colton Clinical Services
2275 E. Cooley Dr.
Colton, CA
(909) 370-1777

Community Action Partnership
696 S. Tippecanoe
San Bernardino, CA
(909) 723-1500
Food bank, family development program,
HEAP and food stamps voucher program

Cornerstone Church
903 E. 3rd Street
San Bernardino, CA
(909) 856-1574
Food distribution, clothing and showers
The Rock Church
2345 S. Waterman Ave.
San Bernardino, CA
(909) 825-8887
Parolee outreach ministry and other social
services

SAC Norton Clinic

1140 W. Mill Street
San Bernardino, CA
(909) 889-4424 Hot meals, clothing and
emergency shelter

1455 E. 3rd Street
San Bernardino, CA
(909) 382-7102
Dental, medical and substance abuse

Gang Reduction Intervention Team (G.R.I.T)
Joseph Rodriguez
(909) 793-7746
Assist parolees in getting out of gangs/24 hour
response team

Vista Resource Center
1595 N. D Street
San Bernardino, CA 92408
(909) 885-4645
Showers and laundry

Hotline for Food
351 N. Mountain View Ave.
San Bernardino, CA
(909) 387-6861
Information about food programs or
emergency food in San Bernardino County

Volunteers of America
Family Resource Center
720 South E Street
San Bernardino, CA
(909) 885-0471
Employment assistance, GED & ESL classes,
anger management, domestic violence
support group, parenting classes, and prenatal
education (Free services for parents of a child
who is 5 or younger)

Abundant Living Outreach Center
9269 Utica Ave. Ste. 105
Rancho Cucamonga, CA
(909) 987-7110 x.241
(909) 476-0300

Mary's Mercy Center
641 N. Roberts Ave.
San Bernardino, CA
(909) 889-2558
Hot meals, clothing and showers

The Way Outreach Ministries
310 W. 4th Street
San Bernardino, CA 92401
(909) 884-7117
Food baskets and lunches

Pastor for Parole Community Services Division
Ray Miller
(909) 383-4694

A.C.T.S. Alcohol Chemical Treatment Services
Rev. Patrick Garret
1123 Cactus Ave.
Rialto, CA
(909) 820-2393
Free substance abuse treatment

** Parole Outpatient Clinic
Carolyn Riordan
San Bernardino Parole Complex
303 W. 5th Street
San Bernardino, CA
(909) 383-4694 x.2057
Mental health treatment, referral through
parole agent*

Alcoholics Anonymous
(909) 628-4428
(909) 825-4700

People's Choice Outpatient Substance Abuse
Treatment Center
1505 N. Highland Ave
San Bernardino, CA
(909) 889-6600 x.232

Compass Intervention Programs
(909) 790-0161
Anger management and domestic violence
classes

Dual Diagnosis Anonymous

SAC Health System
1454 E. Second Street

201 W. Mill Street
 San Bernardino, CA
 (909) 888-9282
 Substance abuse treatment and mental health issues

San Bernardino, CA
 Linda War
 (909) 382-7152
 Alcohol and drug outpatient treatment

Family Services Agency
 1669 N. E Street
 San Bernardino, CA
 (909) 886-6737
 Mental health evaluations, parenting classes anger management and batterers program

Salvation Army Rehabilitation
 303 S. Doolittle Rd.
 San Bernardino, CA
 (909) 889-9605

Female Treatment Employment Program (FOTEP) Region IV
 (909) 476-9624

SASCA-Region IV
 (909) 468-2301
 Parolee must have attended a substance abuse program while in prison. They may qualify for aftercare through SASCA.

Inland Behavioral & Health Services
 1963 N. E Street
 San Bernardino, CA
 (909) 881-6146
 Substance abuse treatment, mental health issues and anger management

** Substance Abuse Treatment and Recovery (STAR)*
Dorothy Whittington
San Bernardino Parole Complex
303 W. 5th Street
San Bernardino, CA
(909) 806-3516

Narcotics Anonymous
 Tom Kanavos
 (951) 965-4708

Vista Recovery Center
 939 N. D Street
 San Bernardino, CA
 (909) 381-5100

ORANGE COUNTY

VA Community Based Outpatient Clinics
 Anaheim Professional Center
 1801 W. Romneya Drive
 Suite 303 Anaheim, CA 92801
 Phone: (714) 780-5400

Bristol Medical Center
 2740 S. Bristol Street, Suite 110
 Santa Ana, CA 92704
 Phone: (714) 825-3500

10210 Orr & Day Road
 Santa Fe Springs, CA 90670
 Phone: (562) 864-5565
 Office Hours: 8:00am - 4:30pm Mon - Fri

Laguna Hills VA CBOC
 25292 McIntyre St.
 Laguna Hills, CA 92653
 (949) 269-0700

Resources for Homeless

Aids Services Foundation	Financial, Rent, Utilities	Orange County	949-809-5700
Mercy House Center	Prescriptions, DMV funds, bus vouchers, hygiene	Santa Ana (only)	714-836-7188
Emmanuel House	Shelter	Santa Ana	714-836-7188

First Southern Baptist Church	On-site meals, groceries, counsel	Buena Park	714-522-7201
Friendship Shelter	Shelter for men and women	Laguna Beach	949-494-6928
O.C. Rescue Mission	Shelter	Santa Ana	1-714-247-4300
Orange Coast Interfaith	Families shelter	Costa Mesa	800-775-7213
Precious Life Shelter	Pregnant women 18+	Los Alamitos	562-431-5025
Salvation Army Hospitality House	7 day Shelter for ind. Or family	Santa Ana	714-542-9576
Toby's House	Pregnant women 18+	South Orange County	949-661-4408
Anaheim Interfaith Shelter	Family Shelter	Anaheim	714-774-8502
Serving People in Need	Homeless Families, 2 year program, 1 adult must be FT employed	Costa Mesa	714-751-1101
Shelter for the Homeless SRO	Single employed	Midway City	714-897-3221
Fullerton City Lights SRO	Adults w/ children	Fullerton	714-52-54751
Irvine Inn SRO	Single Adults	Irvine	949-551-7999
Park Place Village SRO	Single Adults	Costa Mesa	949-646-7804
Families Forward	Low income housing for families	Irvine	949-552-2727
Friendship Shelter	Single men, single women	Laguna Beach	949-494-6928
John Henry Foundation	Seriously Mentally Ill	Santa Ana	714-480-0025
Interfaith Shelter Network	Single, employable	Fullerton	714-738-0534

Veteran's Services

VA Healthcare Long Beach	Full Service Medical Center	Long Beach	562-826-8000
Veteran's First	Shelter Program 40% of income, assistance to return to independence	Santa Ana	714-547-0615
Veteran's Service Office	Claims Assistance	Santa Ana	714-567-7450

Vocational Rehabilitation

U.S. Vets/ Villages at Cabrillo	Transitional Housing, case management assistance	Long Beach	562-388-8000
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Anaheim Veterans Center	Counseling (specific to combat), job referral services	Anaheim	714-776-0161
Goodwill Industries	Employment assistance disabled	Tustin	714-547-6301
Project Independence	Employment assistance disabled	Costa Mesa	714-549-3464
Rehabilitation Institute of Southern Orange County – Rio Orange	Employment assistance disabled	Orange	714-680-6060
California Dept of Rehabilitation	Employment assistance disabled	Anaheim	714-991-0800

Financial Assistance

Catholic Charities	Advice, guidance, some financial	Santa Ana	714-668-1130
Community Action Partnership	Advice, guidance, some financial	Garden Grove	800-660-4232
Fish of the Harbor	Advice, guidance, some financial	Newport Beach	949-642-6060
Consumer Credit Counseling	Financial problem solutions	Santa Ana	714-547-2227
Social Services Agency	Advice, guidance, some financial	Santa Ana	714-834-8899

LOS ANGELES COUNTY

VA Healthcare Locations

VA Greater Los Angeles Healthcare System Full Service Hospital 11301 Wilshire Blvd. Los Angeles, CA 90073 (310) 478-3711	VA Long Beach Healthcare System Full Service Hospital 5901 East 7 th Street Long Beach, CA 90822 (562) 826-8000
Sepulveda Outpatient Clinic and Nursing Home 16111 Plummer Street North Hills, CA 91343 (818) 891-7711 or (800) 516-4567	VA Los Angeles Ambulatory Care Center 351 East Temple Street Los Angeles, CA 90012 (213) 253-2677
Lancaster CBOC 547 West Lancaster Boulevard Lancaster, CA 93536 Phone: (661)729-8655 or (800) 515-0031 Fax: (661) 729-8656	Pasadena CBOC 420 W. Las Tunas Drive San Gabriel, CA 91776 (626) 289-5973

Gardena CBOC 1251 Redondo Beach Blvd, 3rd Floor Gardena, CA 90247 Phone: (310) 851-4705	East Los Angeles Community Based Outpatient 5426 E. Olympic Boulevard City of Commerce, CA 90040 Phone: (323) 725-7557 Fax: (323)725-7577
Lynwood CBOC 3737 Martin Luther King Blvd. Suite 515 Lynwood, CA 90262 Phone: 310-537-6825	

Shelter and Housing

Harbor View House 921 S. Beacon St. San Pedro, CA 90731 310-547-3341	Rainbow Services Ltd. 453 W. 7th St. San Pedro, CA 90731-3207 310-547-9343	Multi-Service Center 1301 W. 12th St. Long Beach, CA 90813 562-436-3533
National Mental Health Association Greater Los Angeles 456 Elm Ave. Long Beach, CA 90802 562-437-6717	Long Beach Family Shelter for the Homeless 123 E. 14th St. Long Beach, CA 90813 562-591-1351	Beacon Light Mission 525 N. Broad Ave. Wilmington, CA 90744 310-830-7063
Wecan House 505 S. Pacific Ave. San Pedro, CA 90731 310-784-0194	Salvation Army Corps Community Center - Compton 736 E. Compton Blvd. Compton, CA 90221 310-639-0362	Bell Shelter Salvation Army 736 E. Compton Blvd. Compton, CA 90221 310-639-0362
Floodgates of Faith Christian Ministries (Women w/ children) 2515 N. Santa Fe Ave. Compton, CA 90222 1-310-638-0176	Salvation Army Westwood Transitional Village 1401 S. Sepulveda Blvd. Los Angeles, CA 90025 310-477-9539	US Veterans Initiative Inc Villages of Cabrillo 2001 River Avenue Long Beach, CA 90810 (562) 388-8000
US Veterans Initiative Inc. Westside Residence Hall 735 S. Hindry Ave Inglewood, CA 90301 310-348-7600	California Council for Veterans' Affairs, Inc. (women's) 2501 W. Florence Ave. Los Angeles, CA 90043	Friends Helping Friends Sober and Transitional Living, Inc. 3701 Cherrywood Ave. Los Angeles, CA 90018 323-293-9778
African Community Resource Inc. 3540 Wilshire Blvd., Ste. 804 Los Angeles, CA 90010 800-496-2525 213-637-1450	YMCA Hollywood 1553 N. Schrader Blvd. Hollywood, CA 90028 323-467-2901	First Step Sober Living Foundation 6214 S. Western Ave. Los Angeles, CA 90047 323-971-2287
Our Saviour Center 4368 Santa Anita Ave. El Monte, CA 91731 626-579-0290	Hospitality House – Whittier 7926 S. Pickering Ave. Whittier, CA 90602 562-698-8348	Gospel Missions of America 1803 Nausika Ave. Rowland Heights, CA 91748 626-965-8922

West Covina Community Services Center 415 S. Glendora Ave., Ste. F West Covina, CA 91790	St. Joseph Homeless Service Center 373 Rose Ave. Venice, CA 90291 310-399-6878	American Philanthropy Association - Don King Shelter 8770 S. Broadway Los Angeles, CA 90003 323-971-4432
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Essential Needs

Long Beach Department of Health and Human Services 2525 Grand Ave. Long Beach, CA 90815 888-942-2229	Salvation Army Family Service Office - Long Beach 455 E. Spring St. Long Beach, CA 90806 562-426-7637	Catholic Charities Community Services of Long Beach 123 E. 14th St. Long Beach, CA 90813 562-591-1354
Bureau of Workforce Services 923 E. Redondo Blvd. Inglewood, CA 90302 310-412-5111	Bureau of Workforce 17600-A Santa Fe Ave. Rancho Dominguez, CA 90221 310-349-5691	Whittier Area First Day Coalition 12426 Whittier Blvd. Whittier, CA 90602 562-693-4097
St. Mark's Evangelical Lutheran Church 3651 S. Vermont Ave. Los Angeles, CA 90007 323-731-2157	Social Services at Blessed Sacrament 6636 Selma Ave. Los Angeles, CA 90028 323-731-2157	Weingart Access Center 506 S. Main St. Los Angeles, CA 90013 213-624-3370
St. Vincent's Cardinal Manning Center 231 Winston St. Los Angeles, CA 90013 213-229-9963	Cathedral of Our Lady of the Angels Charities Program 555 W. Temple St. Los Angeles, CA 90012 213-680-5231	Safe Harbor Women's Clinic 721 E. 5th St. Los Angeles, CA 90013 213-622-5253
Brownson House Community Center 1307 Warren St. Los Angeles, CA 90033 323-264-8700	Bureau of Workforce Services 813 E. 4th Place Los Angeles, CA 90013 213-974-9192	Bureau of Workforce Services 2855 E. Olympic Blvd. Los Angeles, CA 90023 323-260-2941
Lutheran Social Services of Southern California 1611 Pine Ave. Long Beach, CA 90813 562-599-1321	St. Francis Center 1041 E. 7th St. Long Beach, CA 90813 562-599-6474	Christian Outreach in Action 515 E. 3rd St. Long Beach, CA 90802 562-432-1440
Clothes the Deal 9525 Imperial Hwy. Downey, CA 90242 562-922-8635	Eastmont Community Center 701 S. Hoefner Ave. Los Angeles, CA 90022 323-726-7998	Salvation Army Corps Community Center - Huntington Park 2965 E. Gage Ave. Huntington Park, CA 90255 323-587-4221
Eastmont Community Center 701 S. Hoefner Ave. Los Angeles, CA 90022 323-726-7998	Compton Welfare Rights 528 W. Almond St. Compton, CA 90220 310-603-7412	Fruit of the Vine Ministries 3002 W. Florence Ave. 562-692-4811 Los Angeles, CA 90043
California Council for Veterans	Beyond Shelter - Broadway Village	Ascension Church Food Program

Affairs, Inc. 2501 W. Florence Ave. Los Angeles, CA 90043 323-750-9967	7826 S. Broadway Los Angeles, CA 90003 323-565-2703	518 W. 111th Place Los Angeles, CA 90044-4262 323-754-2978
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SAN DIEGO COUNTY

VA San Diego Healthcare - Justice Outreach Program

The VA's Justice Outreach Coordinator is here to assist VA eligible Veterans at the time of their release from jail or prison supporting their return to the community. The Veteran reviews their needs with the Justice Outreach Coordinator resulting with a strategy of supports. Services could include linkage to VA Healthcare, employment support services, drug/alcohol supports, mental health treatment, activation of suspended disability compensation, housing resources, public transportation assistance. Plans are individually designed to support the Veterans needs.

Reentry Assistance:

Department of Veterans Affairs - Justice Outreach Program

The VA's Justice Outreach Coordinator is here to assist men and women being released from jail or prison to transition smoothly and successfully back into the community. The Justice Outreach Coordinator will sit down with you to develop a re-entry plan, and depending on your needs, connect you with housing providers, employment providers, medical care, mental health providers, drug/alcohol programs, and other resources you may need to get back on your feet and move on to the next phase of your life.

(619) 400-5168: Ask for Lezlie Neusteter **or** the Justice Outreach Coordinator

(619) 400-5157: Homeless Program (HCHV) Main Office

Mission Valley Outpatient Clinic
8810 Rio San Diego Drive, Ste. 2200
San Diego, Ca 92117

County Veterans Service Office

This office offers assistance with VA claims preparation and submission, benefits counseling, appeals when appropriate, VA medical care information and referral.

Veterans Service Advocate
734 W. Beech St., Suite 200
San Diego, CA 92101-2441
(619) 531-4545

Vet Centers of San Diego County

Provide veterans with individual, couple, family, or group counseling to facilitate readjustment to civilian life or for problems related to veterans' military experiences..

San Marcos Vet Center

One Civic Center Dr., Suite 140
San Marcos, CA 92069
Phone: (760) 744-6914

San Diego Vet Center

2790 Truxtun Road, Suite 130
San Diego, CA 92106
Phone: (858) 642-1500
Fax: (619) 294-2535

Second Chance

This organization offers job readiness training, job placement, affordable housing, mental health counseling, and case management to men and women being released from prison.

6145 Imperial Avenue
San Diego, Ca 92114-4213
(619) 234-8888

Important VA Numbers:

National Suicide Prevention Lifeline

Provides free 24-hours a day, 7 days a week crisis counseling, suicide intervention, how to handle thoughts of harming someone else, and mental health referral information.
(800) 273-8255

VA Alcohol & Drug Treatment Program (ADTP)

(858) 552-7560

Psychiatric Emergency Clinic (PEC)

(858) 642-3391

Healthcare for Homeless Veterans (HCHV)

(619) 400-5157

VA Primary Care (medical doctors)

Mission Valley (619) 400-5050
La Jolla (858) 552-7475

VA Benefits, Compensation, or to change Direct Deposit information

(800) 827-1000

Shelters

Infoline – Dial 211

1-858-300-1211 from a cell phone
Infoline is available 24 hours/day, 7 days/week.

San Diego Rescue Mission

120 Elm Street
S.D., CA 92101
(619) 687-3720

St. Vincent de Paul Village

For shelter at St. Vincent's, single men sign up at the Neil Good Day Center (299 17th Street, San Diego 92101) M-F at 8:00 a.m., single women sign up at 7 a.m. M-F at St. Vincent's at the Day Center, and families sign up at the front desk of the Joan Kroc Center (JKC) at 9:45 a.m., M-F.

1501 Imperial Ave.
San Diego 92101
(619) 233-8500

VA Healthcare for Homeless Veterans (HCHV)

For information about shelters, come to the Homeless Walk-In Clinic available Mon-Thurs from 8:00AM-10:00AM (exact times subject to check). Please arrive early, first come first serve.

Mission Valley Outpatient Clinic
8810 Rio San Diego Drive, Suite 2200
San Diego, CA 92108
(619) 400-5157

Housing

Board & Care Facilities

Typically shared bedroom arrangements, where meals, laundry, and cleaning services are included. SSI typically used for rent.
NAMI San Diego (619) 543-1434

Sober Living Homes

Sober Living Association – A list of active sober living homes in San Diego County
(858) 483-5866.

VA Transitional Housing – Grant & Per Diem Housing:

Veterans Village of San Diego (VVSD)

Drug & Alcohol Treatment for single men and women
4141 Pacific Hwy.
San Diego, CA 92110
(619) 393-2035

Interfaith Community Services (ICS)

Single men and women men only, employment focused.

550 W. Washington Ave., Suite B

Escondido, CA 92025

Contact person: John Kaskurs

(760) 489-6380

New Resolve

Single men and women, employment focused, must be sober 60 days.

1207 Escondido Blvd.

Escondido, CA 92025

Contact person: Harry Hansen

(760) 745-7829

St. Vincent de Paul Village (1501 Imperial Ave)

Emergency and long-term housing for single men, single women, families.

299 17th Street

San Diego, CA 92101

(619) 234-3041

Substance Abuse/Addictions Treatment

VA Alcohol/Drug Treatment Program (ADTP)

Veterans Affairs Healthcare System

3350 La Jolla Drive, 2-West

San Diego, CA 92161

(858) 552-8585

Substance Abuse/Addictions Treatment (Cont)

Alcoholics Anonymous (AA)

San Diego Central Office

7075 Mission Gorge Road, Suite B

San Diego, CA 92120

(619) 265-8762 (24 Hours a day)

Office Hours: Mon-Sat 9am-5pm

Gamblers Anonymous (GA)

(866) 239-2911

Narcotics Anonymous (NA)

(619) 584-1007

(800) 479-0062

Detox:

Volunteers of America (VOA)

1111 Island Ave., San Diego, 92101
(619) 232-9343

Escondido Sobering Services

401 North Spruce
Escondido, CA 92025
(760) 747-1553

Salvation Army Adult Rehabilitation Center

Long-term residential rehabilitation program for recovering alcoholics and substance abusers - no income clients only

1335 Broadway
(619) 239-4037

Lavatories, Showers and Laundry Facilities

Brother Benno's Foundation

3260 Production Ave.
Oceanside 92054
(760) 439-1244
Showers Monday – Friday 6:30 – 9:00 a.m.

Interfaith Community Services

550-B West Washington Ave.
Escondido 92025
(760) 489-6380
Showers and laundry facilities Monday – Friday (6:30AM – 7:30AM).

Lavatories, Showers and Laundry Facilities (Cont)

Rachel's Women's Center (services are for women only)

759 8th Ave.
San Diego, CA 92101
(619) 696-0873
7:00AM– 5:00PM seven days/week.

Employment and Vocational

Job Club -- Veterans Village of San Diego (VVSD)

4141 Pacific Hwy.
San Diego, CA 92110
Attn: Ruth Deye

(619) 393-2080

San Diego Vet Center – Club Vet

Provide intensive services to job ready veterans. Priority services are provided to veterans with an emphasis on disabled veterans.

2900 6th Ave

San Diego, CA 92103

(619) 449-5513

Job Service available every

Thursday: 1:30PM-4:30PM

Food Resources

Brother Benno’s Foundation

3260 Production Ave.

Oceanside 92054

(760) 439-1244

Breakfast Monday – Friday (6:30AM – 9:00AM)

Hot Meal Saturday (10:00AM – 11:30AM)

Interfaith Community Services

550-B West Washington Ave.

Escondido 92025

(760) 489-6380

Free breakfast and sack lunch Monday – Friday 6:30 – 7:30 a.m.

St. Vincent de Paul

1501 Imperial Ave.

San Diego 92101

(619) 233-8500

Lunch, Monday – Saturday 11:00 a.m. served in the Paul Mirabile Center

Brunch on Sundays only 9:30 a.m. served in the Paul Mirabile Center

Disability and Financial Assistance

Food Stamps/General Relief

(866) 262-9881

For emergency income and food stamps call the above number to determine your eligibility, get an application, and welfare office locations.

VA Regional Office - (VARO)

VA Benefits, Compensation, or to change Direct Deposit information.

(800) 827-1000

For assistance with filing VA claims:

VA Medical Center in La Jolla (VAMC) National Service Organizations

American Legion (858) 642-6452
American Veterans (AMVETS) (858) 642-6453
Disabled American Veterans (DAV) (858) 642-6454
Military Order of the Purple Heart (858) 642-6455
Paralyzed Veterans of America (PVA) (858) 642-6456
Veterans of Foreign Wars (VFW) (858) 642-6457

VA Mission Valley National Service Organizations

American Legion (619) 400-5301
Blinded Veterans Association (619) 400-5306
California Dept of Veterans Affairs (619) 400-5309
Disabled American Veterans (619) 299-6016
Military Order of the Purple Heart (619) 400-5317
Paralyzed Veterans of America (619) 400-5320
Veterans of Foreign Wars (619) 400-5322

Public Assistance

Social Security Disability Insurance (SSDI) at (800) 772-1213

Social Security Income (SSI) at (800) 772-1213

State Disability Insurance (SDI) at (800) 480-3287

Medicare (800) 772-1213

Medi-Cal: (858) 514-6885 or toll free (866) 262-9881

Returning OEF/OIF Combat Veterans

Vet Center

Re-adjustment counseling for combat veterans.
2900 6th Ave.
San Diego, CA. 92103
(619) 294-2040

Returning OEF/OIF Combat Veterans (Cont)

Veterans Village of San Diego

Provides intensive drug/alcohol treatment, PTSD counseling, employment assistance for combat veterans.

4141 Pacific Highway
San Diego, CA. 92110
(619) 393-2039

County Veterans Service Office

Veterans Service Advocate
734 W. Beech St., Suite 200

San Diego, CA 92101-2441
(619) 531-4545

American Combat Veterans of War

Veterans Affairs Healthcare System
3350 La Jolla Drive, Rm 1580
San Diego, CA 92161
(858) 552-7501

Legal Resources

Social Security Benefit Clinic

Location: St. Vincent de Paul/Neil Good Day Center (299 17th Street)
Every Friday 8:00am to Noon

Homeless Advocacy Program of the Legal Aid Society of San Diego

Location: St. Vincent de Paul - Joan Kroc Center
1501 Imperial Ave, Downtown San Diego
Every Monday, Tuesday and Thursday, 9:00 am to noon and 1:00 pm to 4:30 pm

Center for Community Solutions (858) 272-1574

Offers legal assistance with the following: restraining orders, family law, and general legal counsel/referral.

Legal Aid Society (619) 262-0896 free and low cost legal help. Provides assistance for the following: consumer, criminal matters, family disputes, welfare and health benefits, immigration and poverty law issues such as landlord/tenant disputes, disability support and family benefits payments.

San Diego Volunteer Lawyer Program (619) 235-5656; SDVLP serves the homeless, abused children, domestic violence victims, elder abuse victims, veterans, immigrants and HIV/AIDS sufferers.

Mail Services

Brother Benno's Foundation

3260 Production Ave.
Oceanside, 92054
760-439-1244

Alpha Project - Neil Good Day Center

299 17th Street
San Diego, CA 92101
(619) 234-3041